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Tuesday, December 6, 2011
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* Calculations based on average serving (6 oz glass of wine and single serving of mixed drink). Details at molsoncanadian67.ca

ADVERTORIAL

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Follow the rest of our list in upcoming issues.

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That's about half the calories of wines and mixed drinks.* Want to add to our list?

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* Calculations based on average serving (6 oz glass of wine and single serving of mixed drink). Details at molsoncanadian67.ca

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CHARGES
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Tuesday, December 6,
2011
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News worth sharing.

No proof doctors' pay raise enhances patient care: AG

CHRIS YOUNG/THE CANADIAN PRESS



► Ontario Auditor General Jim McCarter speaks to media after tabling his annual report at the Ontario Legislature in Toronto yesterday.

► Auditor general finds ER physician pay up more than 40 per cent between 2006-2010

Health Minister Deb Matthews says she doesn't mind paying Ontario's doctors well — but she expects value in exchange for public dollars.

Auditor general Jim McCarter reported yesterday the government has thrown billions into paying doctors more but there is little data to show strides have been made to improve patient access.

"The auditor general always gives us good advice," said Matthews, who added she'll have to work with the Ontario Medical Association in order to achieve the best access to care and value for money.

The health ministry paid about \$1.1 billion to nearly 9,000 specialist physicians under alternate funding arrangements in the fiscal year ending 2010, the auditor general's report notes.

But the auditor found the health ministry has "done little formal analysis to determine whether alternate funding has improved patient access to specialists," the report says.

And while family health teams have made more doctors available to patients — whether or not those physicians have time to see those patients is another story.

By the end of 2010, nine million Ontario patients were signed up in family physician groups. And payments to family doctors through these arrangements more than doubled, from \$750 million in 2006-07 to \$1.6 billion in 2009-10. The auditor also scrutinized pay-



"I want Ontario's doctors to be very well compensated but I think they have to provide the kind of care we expect from them. So if it is after-hours care, care on weekends — people have the right to require high-quality and timely care."

HEALTH MINISTER DEB MATTHEWS

ments to emergency-room doctors.

McCarter found ER physician pay increased 40 per cent between 2006 to 2010 but the number of patient visits to emergency departments over the same period only increased seven per cent.

Matthews added the Liberals have "put a high premium" on keeping emergency departments open. **TORSTAR NEWS SERVICE**

Report highlights

Here are the highlights of the annual report from Ontario auditor general Jim McCarter:

- Ontario drivers pay significantly more for auto insurance

than motorists in other provinces due to high claims costs.

- The LCBO is not taking advantage of its clout as one of the world's largest buyers of alcohol to get lower wholesale prices and increase its profit margin.

- The Liberal government needs to strike an appropriate balance between promoting its green

energy policies and the higher electricity prices that result.

- The minister of Finance owes the public an update on the controversial debt-retirement charge, which was \$7.8 billion in 2002 when the charge was established, while ratepayers have paid back \$8 billion since then.

THE CANADIAN PRESS

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Ford to contract out more city jobs

ANDREW WALLACE/TORSTAR NEWS SERVICE



▶ Mark Ferguson.

Mayor Rob Ford's zeal to contract out city jobs is set to enter a new phase with the privatization of more road maintenance and grass-cutting across Toronto, the Toronto Star has learned.

Mark Ferguson, president of CUPE Local 416, has received notice the city intends to contract out the remaining plowing, salt-

ing, grass-cutting and other positions done by city workers in various districts.

That will eliminate the jobs of about 70 city workers whose permanent status, he said, will allow them to "bump down" and claim the jobs of "the most junior of temporary workers." More than 130 currently vacant jobs would

also disappear. Street sweeping would be outsourced for next summer, while winter work would go in 2012-13.

"I don't know when Ford will stop outsourcing," Ferguson said in an interview yesterday evening. "It's certainly problematic for our members and Torontonians who rely on the services, and

rings true to form with (Coun.) Doug Ford's vow to contract out everything that's not nailed down."

Ferguson said he will fight to keep the work in-house, but none of the contracts, with the exception of street sweeping, might be big enough to force city managers to get approval from city council.

TORSTAR NEWS SERVICE

1

news

Bizarre case comes to an end

► Charges stayed against millionaire, dominatrix in alleged plot to kill wife

A diaper-clad millionaire cavorting with his dominatrix mistress.

A dead witness in a burnt-out SUV.

A hit man who never intended to commit murder.

One of the most bizarre cases to hit Toronto courts came to an abrupt end yesterday after almost eight years, with yet another twist.

The Crown stayed murder conspiracy and counselling charges against multi-millionaire Alex Petraitis, 69, and his former dominatrix mistress, Sandra Rinella, 48, amid revelations that one of the case's police investigators is romantically involved with the widow of the dead witness.

"I'm elated," Petraitis said after walking out of court with his wife, Sandy.

Strange tale

► **Several trial dates.** The strange saga — which included six trial dates and two mistrials — began in 2003 when Alex Petraitis and Sandra Rinella approached her ex-boyfriend and one-time Hells Angel associate, Kerry Bob Anderson, to murder Petraitis's then-wife of 39 years, Kirsten. Anderson testified he never intended to carry out the plot, but played along to milk the millionaire for payments, netting more than \$100,000.

"I'm here on Cloud 9, absolutely shocked."

Joseph Neuberger, Rinella's lawyer, said the stayed charges have given "closure to a dark and desperate time in her life."

TORSTAR NEWS SERVICE



▶ Alex Petraitis and wife Sandy leave court following a stay in murder conspiracy charges against him and former dominatrix Sandra Rinella, amid explosive allegations about an OPP investigator.

BERNARD WEIL/TORSTAR NEWS SERVICE



A pharmaceutical company says its new sleep drug will keep you dozing but that you might also drive or make phone calls while under the drug's influence. Scan the code for the story.

To scan 2D barcodes in Metro, download the free ScanLife app at 2dscan.com.

On the web at metronews.ca

A dismal week on the markets was followed by a banner week. Allan Small has some theories as to what's behind the volatility. More at metronews.ca/investing

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CITY HALL

Budget chief floats new fees

Right-leaning Toronto councillors want residents to pay to swim in the city's outdoor pools, visit Riverdale Farm, and borrow feature films from the public library.

All three activities are currently free, and charging for library borrowing is illegal in

Ontario.

Mayor Rob Ford's budget chief, Coun. Mike Del Grande, proposed a \$2 fee yesterday for outdoor leisure swimming and for visiting Riverdale Farm, which remains under threat of closure. Coun. Adam Vaughan argued that the proposals would hurt poor families.

Del Grande responded that council's left-leaning faction refuses to endorse necessary fiscal fixes because of an excessive focus on the city's "most vulnerable."

TORSTAR NEWS SERVICE

Brampton disputes CD Howe report

Brampton councillors and city staff are strongly disputing the city's abysmal showing in a study of municipal budget accuracy produced by a prominent Canadian think tank.

"If I get emotional throughout, it's because it means a lot to us," said Mo Lewis, commissioner of financial and information services, while addressing concerns about the study at yesterday's budget meeting.

Its co-author, Benjamin Dachis, said yesterday he stands by the report, which suggests Brampton's budgets missed the city's actual spending each

23 The CD Howe Institute report ranked Brampton dead last out of 23 Canadian municipalities in budget accuracy.

year by 51.4 per cent, averaged over the years 2001-2010.

Lewis said that figure is grossly skewed by including the years 2001 and 2002, when city budgets were off actual spending by 112.1 and 99.5 per cent respectively. Lewis said the report doesn't treat the lucrative sale of Brampton Hydro for \$260 million during that time "correctly." **TORSTAR NEWS SERVICE**

News in brief**2 T.O. men face drug charges**

NOVA SCOTIA. RCMP in northern Nova Scotia have charged two Toronto men with drug trafficking following a seizure at the Truro bus station.

Police say about one kilogram of cocaine and 20 kilograms of marijuana was seized Sunday afternoon.

THE CANADIAN PRESS

Canadian dies in bicycle crash

HAWAII. A Canadian tourist has been killed on

Maui while riding a rented bicycle.

Maui police say Allyn Parker of Toronto failed to negotiate a curve, crossed a double-yellow line and collided with a Honda Element on Sunday in Makawao.

Police say Parker was wearing a helmet.

THE ASSOCIATED PRESS

Pedestrian hit by car dies

BURLINGTON, ONT. A 51-year-old man is dead after being hit by a car while walking along Appleby Line in Burlington, Ont.

Halton regional police say Henry John Grasso was pronounced dead at hospital Sunday evening.

THE CANADIAN PRESS

Mom accused of child abduction seeks bail

Dad spent nearly two decades searching for then 20-month-old girl

A woman accused of violating a custody order by fleeing Toronto with her daughter 18 years ago was detained until a bail hearing this morning.

Patricia O'Byrne, 54, appeared briefly in court yesterday, accused of parental abduction in breach of a custody order for the alleged 1993 abduction of Sigourney Chisholm, then 20 months old.

"We're going to fight tooth and nail to get her released and fight these charges," said Todd White, a lawyer acting for O'Byrne.

Prominent defence lawyer Eddie Greenspan will represent O'Byrne at today's hearing. White said outside College Park court.

O'Byrne was arrested Dec. 1 at her Victoria, B.C., bungalow, where she and her daughter had lived for the last six years. She arrived in Toronto late Sunday night.

Joe Chisholm said O'Byrne disappeared with their daughter 18 years ago after the former couple's relationship soured.

"There's always more to every allegation and always more to the story."

TODD WHITE, A LAWYER ACTING FOR PATRICIA O'BYRNE

He has spent nearly two decades searching for her, taking his cause to social media sites and missing-children agencies, as well as sifting through phone records, anonymous tips and media reports.

Yesterday, O'Byrne entered the courtroom calmly, turning to scan the packed benches before she was told to face the front. She wore a floor-length black pleated skirt, high-necked black shirt and a long black sweater. Her wavy brown, shoulder-length hair was combed neatly.

The Crown asked she not be allowed to have any contact with Chisholm or her daughter. White consented to the order for the time being, but he said it would be disputed today.

TORSTAR NEWS SERVICE



► Patricia O'Byrne

O'Byrne went by Whelan in B.C.

Patricia O'Byrne was well known to many in the education community in British Columbia as Pamela Whelan.

She was a communications officer in two

ministries in the provincial government with most of her time in the advanced education ministry.

"We only communicated by email," said Patty Pitts, manager of media relations with the University of Victoria.

Sigourney Chisholm lived under the name Thea Whelan.

TORSTAR NEWS SERVICE

Her 'A lung story' goes viral

SEAN MCKIBBON IN OTTAWA

People have rallied around a young Ottawa woman who needs a double lung transplant after being stricken by a mysterious illness.

"I'd been in Spain. Barcelona, about two weeks," said H       Campbell, 20. "I felt a little short of breath out there, but I just thought it was asthma."

She speaks in bursts of bubbly, energy, punctuated by short, quiet gasps.

A short documentary shot by her friend Elisabeth Levesque-Mumford has gone viral.

Campbell called her family doctor when she got



► H       Campbell in a screen grab from video that has gone viral.

back this July and got some tests done. She got a call days later telling her to go to a hospital because a chest X-ray showed her lungs had collapsed.

Idiopathic pulmonary fibrosis is what the doctors finally settled on as a

diagnosis after repeated biopsies, blood tests and examinations. Her lungs are inflamed and have probably been that way for six years, the doctors told her.

They'd seen similar cases among the elderly. Even someone in their 30s. But

never in someone so young. The only treatment now is a transplant, she says. To get on the list she says she has to live no more than two hours away from the Toronto hospital where the surgery would be performed and she has to wear an oxygen mask.

Website

Another friend of H      's, Taber Bucknell set up a website — www.alungstory.ca — to keep friends and family informed and to give people who want to help financially a place to direct their donations.

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A promotional graphic featuring a snow globe. Inside the globe is a sign that reads "EVERYBODY WINS \$500 UP TO \$25,000". The sign has a wood-grain background and is framed by red and white striped borders. The globe is set against a blue background with white snowflakes. A yellow ribbon banner at the bottom of the globe reads "SALE ENDS JAN. 3RD".



A white Chevrolet Malibu sedan is shown from a front-three-quarter view. The car is positioned on a white background, and its shadow is cast onto the surface below it. The vehicle features a modern design with a prominent grille and alloy wheels.

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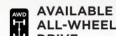
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'I'm an anarchist until I die'

► Man sentenced to house arrest for G20 attack on police vehicles

A self-described anarchist was sentenced to an eight-month conditional sentence, on top of pretrial custody, for his attacks on three police vehicles during the G20 riots.

"I was surprised," Ryan

Rainville, 24, said moments after hearing Justice Mary Hogan announce his sentence in Old City Hall Court. "I was prepared to go back in. I'm an anarchist until I die."

The judge gave him cred-

it for three months of pre-trial custody. His remaining sentence consists of four months of house arrest and four months of curfew.

"Good luck," the judge told him as she passed sentence. "I don't expect to see

you back."

Assistant Crown Attorney Elizabeth Nadeau had sought 12 to 14 months of jail time for the violence at the June 2010 economic summit in Toronto.

TORSTAR NEWS SERVICE

Conrad Black's son bailed out for \$60K

As former media tycoon Conrad Black serves time for obstruction of justice in Florida, his son has been placed under house arrest in Toronto.

Jonathan Black, 33, was arrested Sunday for allegedly violating his bail conditions while awaiting trial for charges of harassing his ex-girlfriend.

This is the second time he has been accused of breaching his bail conditions since he was accused of sending his ex-girlfriend dozens of text messages, phoning her repeatedly and threatening her new boyfriend. The series of alleged incidents started on Dec. 17, 2010.

Police arrested Black at the Horseshoe Tavern, a



downtown Toronto bar, early Sunday morning.

Black was granted bail after appearing in court yesterday, but the Crown "upped the ante" of the bail conditions, said Justice of the Peace Jerry Rosenfield.

Black is no longer allowed to attend work and must remain under house arrest at the Toronto home of his sureties, Rosenfield said. TORSTAR NEWS SERVICE

News in brief

Suspect remains a threat: Agent

A suspected terrorist who has been under detention without charges since 2000 remains a national security threat, according to the testimony of a Canadian intelligence agent. From an undisclosed location in Ottawa, the unidentified agent gave his opinion via video that Mohamed Zeki Mahjoub should continue to be monitored under strict house arrest to prevent him from re-engaging in extremist activities.

TORSTAR NEWS SERVICE

31 charged in drug probe

A three-week

investigation by Toronto police has resulted in the arrest of 31 people, and the seizure of an estimated \$10,000 worth of crack cocaine and marijuana.

The investigation, dubbed Project Klondike, started on Nov. 12 in response to complaints from community members along Queen, King, Dundas, College and Bloor streets.

TORSTAR NEWS SERVICE

Child in truck during chase

Provincial police say a 10-year-old child was among those in a vehicle that led officers on a high-speed chase this morning.

Police say an officer attempted to stop a speeding pickup at about 1:30 a.m. on Highway 7, east of Highway 28, near Peterborough.

THE CANADIAN PRESS

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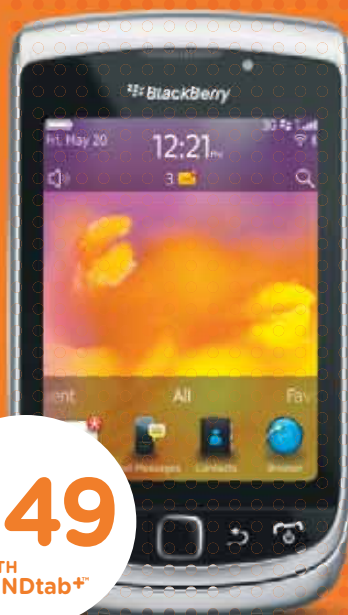
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Actress suing Indian magazine

► Editor insists nude picture is authentic ► Cleric says Malik's controversy 'shame for all Muslims'

The lawyer for Pakistani model and actress Veena Malik says she is suing an Indian men's magazine for publishing photos she says were doctored to make her appear nude.

Malik's racy photo shoot for the December issue of FHM India where she appears with the initials of Pakistan's feared and powerful intelligence agency on her arm has triggered fury across this conservative nation.

In an interview with Pakistani Geo television broadcast Saturday, Malik said the nude photo was published in violation of her agreement with FHM India.

Malik acknowledged having been photographed for a "bold but not nude shot." She said the editor of the magazine had promised that he would cover most of the photo with the ISI initials.

The photo was intended to poke fun at the Indian fear of Pakistani spies, she said, adding "whatever happens (in India), people say ISI is behind that."

Lawyer Ayaz Bilawala yesterday said he had sent notice to the magazine demanding it withdraw all copies from the newsstand and seeking millions of dollars in damages.

THE ASSOCIATED PRESS



► A man in Mumbai reads the December issue yesterday of FHM India, a popular Indian men's magazine that has a photograph of Pakistani actress Veena Malik on the cover.

Gender segregation not required, rabbi says

One of Israel's chief rabbis ventured into the divisive question of gender segregation yesterday, saying separate seating for men and women on buses and similar practices adopted by some devout Jews are not required by Jewish law.

Chief Rabbi Shlomo Amar spoke after U.S. Secretary of State Hillary Rodham Clinton was quoted by Israeli media as expressing shock over the segregated buses and other practices of radicalized religious activists.



► An ultra-Orthodox Jewish man walks past a vandalized poster showing a woman in Jerusalem.

In an interview with the ultra-Orthodox Kol Brama radio station, Amar was critical of these relatively new and controversial practices.

"People who do it do it for their own sakes," he said of segregated buses.

Radical activists have segregated buses and cowed advertisers into removing images of women from posters on the streets of cities with large ultra-Orthodox Jewish populations.

THE ASSOCIATED PRESS



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FAILURE OF OVERSIGHT

No relief on energy prices: AG

In his annual report, Auditor General Jim McCarter found the Liberal government has restricted the Ontario Energy Board's ability to protect consumers from higher prices because the agency now has no say over charges that comprise half of a hydro

bill.

He also said the province allowed green-energy projects to proceed without the usual planning, regulation and oversight and noted that two key agencies were ignored when the Liberals signed a \$7-billion green-energy deal with Korean giant Samsung.

"There should be more underlying analysis, more business case assessment, looking at the net jobs figure," McCarter said.

THE CANADIAN PRESS

No controls for private colleges: McCarter

Private career colleges continue to operate illegally in Ontario due to a lack of government inspectors, Auditor General Jim McCarter found.

There are no proced-

ures for routinely checking to see that colleges ordered closed remain that way, his annual report says.

There are 470 registered career colleges in Ontario with 60,000 students.

But McCarter found there are only eight inspectors and they have neither the time nor budget to monitor the programs offered by the schools.

TORSTAR NEWS SERVICE

Auditor takes province to task

TANYA TALAGA/TORSTAR NEWS SERVICE



► Auditor General Jim McCarter fields questions at a press conference upon the release of his annual report yesterday. He found we pay too much for booze at the LCBO and not enough is being done to police private career colleges.

► Report details misspending in 13 ministries and agencies

Ontario drivers pay significantly more for auto insurance than other Canadians, in part because the average cost of accident-injury claims is five times higher than in other provinces, Jim McCarter, the auditor general, said yesterday.

Auto-insurance fraud costs the industry about \$1.3 billion a year in Ontario, but the province "does not have significant measures in place to combat fraud," McCarter said in his annual report.

The number of people killed or injured in auto accidents in Ontario fell 25 per cent in a decade, but the government still guarantees insurers a "reasonable rate of return" of 12 per cent. That figure was last adjusted in 1996, when the long-term bond rate it was based on was 10 per cent.

"The long-term bond rate now is about two or

LCBO on tap

McCarter's report also takes the Liquor Control Board of Ontario to task.

► "If it took advantage of its purchasing power as one of the biggest buyers of alcohol in the world to obtain lower wholesale prices, it could then assess whether paying those lower prices will still allow it to meet its retail prices objectives and increase profit margins," McCarter said. ► "Sometimes, if suppliers submit significantly lower quotes than the LCBO expects, the LCBO will ask them to raise their wholesale price."

three per cent and they're still being allowed to earn 12 per cent," he said. "We think that rate should be reviewed."

THE CANADIAN PRESS

Canadians more tolerant of immigration: Study

CONTRIBUTED/THE CANADIAN PRESS

Canadians have grown more tolerant of the country's immigration levels, even as the number of newcomers has increased over the years, a new study suggests.

A poll of 2,020 people, taken for the Institute For Research on Public Policy, found that 58 per cent of Canadians support Canada's immigration level.

It also suggests Canadi-

ans have had positive views of immigration levels for more than a decade.

The results tell a contrary story to recent news headlines that suggest Canadians might be fed up with immigrants.

In the Montreal area, a community decided to remove all religious symbols and decorations at City Hall. There was also a re-

port on the city of Gatineau's immigrant guide book, asking newcomers not to take part in honour killings or cook smelly foods.

But Leslie Seidle, research director for IRPP's diversity, said such reports overshadow the many positive stories of integration that are never told.

"We think sometimes these debates are kind of

tough in Canada and things are getting worse — but we're in a lot better shape, in all kinds of ways, than a lot of other countries."

"Contrary to many other countries, particularly in western Europe, we have a strong majority who think that the level of immigration we have right now is about right."

THE CANADIAN PRESS



► Jason Kenney, the immigration minister, meets new citizens in Ottawa in June.

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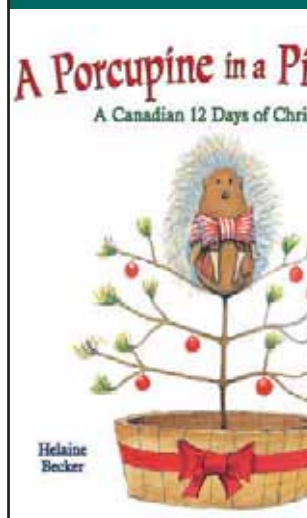
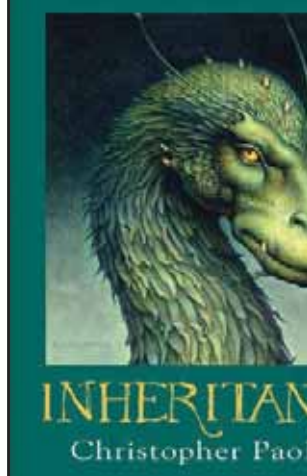
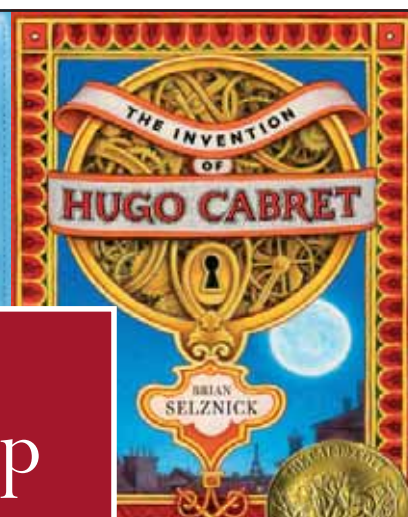
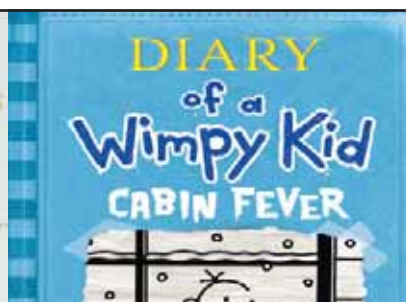
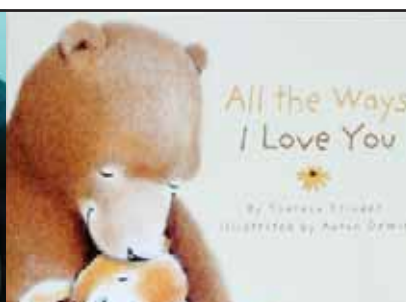
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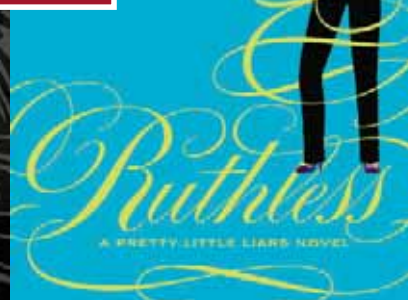
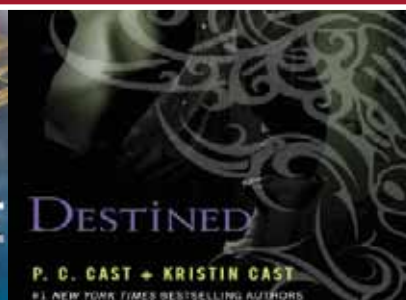
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Protesters, opposition decry Putin's victory

► United Russia party accused of ballot-box stuffing, voting fraud

Several thousand protesters took to the streets yesterday and accused Prime Minister Vladimir Putin's party of rigging parliamentary election in which it won the largest share of the seats.

A group of several hundred marched towards the Central Elections Commission near the Kremlin and were stopped by riot police.

United Russia won about 50 per cent of Sunday's vote, a significant drop from the last election, when the party took 64 per cent. The loss of seats in the State Duma appears to mean little because two of the three other parties winning seats have been reliable supporters of government legislation. It was a substantial symbolic blow to a party that had be-

Voters' voice

- Between 5,000 to 10,000 protesters marched, chanting "Russia without Putin", while accusing United Russia party of stealing votes.
- About 170 protesters were detained by police.
- Only 60 per cent of Russia's 110-million voters cast ballots, down from 64 per cent four years ago.

come virtually indistinguishable from the state. The result energized the opposition and poses a humbling challenge to Putin, who appeared subdued and glum, even as he insisted that the result "gives United Russia the possibility to work calmly and smoothly."

THE ASSOCIATED PRESS



► Police officers detain an opposition activist during a protest against vote rigging in St. Petersburg, Russia, yesterday. Security was tight in central St. Petersburg with police trucks parked in some areas. Police said they arrested more than 100 protesters who tried to stage an unsanctioned rally in Moscow and about 70 others in St. Petersburg.

Family fearful after man accused of torturing wife dies in custody

A man accused of blinding his wife and biting her nose off during a savage attack in Dhaka while she was visiting from Canada is reported to have died in custody in Bangladesh.

Reports from Dhaka say that Hasan Syed, who is alleged to have tried to gouge out the eyes of Rumana Manzur, was being treated

for mental illness at Bangabandhu Sheikh Mujib Medical University, where he apparently died from cardiac arrest.

Manzur, 33, a Fulbright scholar completing a master's degree at the University of British Columbia, had returned this past spring to visit her five-year-old daughter and husband

when she was brutally attacked and left blinded.

Manzur's aunt, who did not want her name used, said yesterday that the family is aware of Syed's death but that her niece was unable to talk about it. "We cannot comment. Right now, this is still very upsetting and the family won't talk about it," she said.



► Rumana Manzur

Family friend Saif Islam said in an email that he visited Manzur right after learning about the death.

"There is huge character blaming going on in Bangladesh," said Islam. "These religio-centric people are blaming Rumana. The family is very scared now."

Syed was accused of tor-

turing Manzur and damaging her eyes on June 5 at her father's residence. He was arrested on June 15, within 10 days of Manzur's father filing a complaint. The bdnews24.com report said that Syed accused his wife of having an affair with an Iranian youth, which her friends denied.

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► Kate Middleton with her sister Pippa during the Royal Wedding at Westminster Abbey, April 29 in London.

Pippa Middleton takes aim

► Pheasant shoot gathering usually reserved for Royal Family and spouses

Kate and Pippa Middleton, the most famous sister act since the Olsen twins, are reportedly bound for Sandringham House — the Queen's home for Christmas — for the annual Box-

ing Day pheasant shoot. The Daily Mail reports that Pippa has been invited to the Queen's Norfolk estate.

This is, of course, the first Christmas there will

be Middletons at Sandringham, and making a good impression seems to be the first order of business.

Pippa is no stranger to the shotgun, and report-

edly has put a few weekends on the range recently. She will be doing this trip solo, of course, having broken up recently with Alex Loudon.

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Queen faces spending freeze

CHRISTOPHER FURLONG/GETTY IMAGES

► The Queen is operating under a spending freeze.



Austerity Britain is telling the Queen to tighten her purse strings and learn to live on the proceeds of profit-sharing rather than cash from taxpayers.

The new budget system that replaces the 251-year-old Civil List reins in regal spending for 2012-13 to \$49 million, a 9 per cent cut over current spending.

The Queen is operating under a spending freeze for the next two years and the new law is expected to extend that to at least 2015.

She will also have to juggle her expenses and decide for herself whether to fix the royal roof or take a trip to Canada.

And it all has to balance: For the first time, an annual audit will make sure the royal books add up.

"I think we get excellent value for money from our Monarchy," Chancellor

of the Exchequer George Osborne told the British Parliament in explaining the Sovereign Grant Bill, the biggest change to regal finances since George III.

Osbourne noted that the Queen has cut costs by 50 per cent since 1991, something no other government department has done.

The change was necessary, however, he said, because the "current arrangements are opaque and unsustainable."

TORSTAR NEWS SERVICE

Fishermen charged for endangered sea turtle catch in Philippines

A court in the Philippines charged six Chinese fisherman with poaching endangered sea turtles in proceedings yesterday aimed at protecting threatened wildlife along the country's coastline.

Authorities discovered a batch of giant green turtles after intercepting the fishermen's speedboat in waters off the western province of Palawan on Friday, said military spokesman Maj. Niel Estrella.

The boat was likely attached to a mother ship

that escaped after the fishermen were detained, Estrella said.

Nine of the turtles were already dead, but three were released alive into the waters after being tagged, Glenda Cadigal, a wildlife specialist at the Palawan Council, told The Associated Press.

The sea turtles are often caught for food and for use in traditional medicine.

They can grow as long as 5 feet and weigh as much as 290 pounds.

THE ASSOCIATED PRESS



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Madeleine mystery gets another look

Recent visits to Spain by Scotland Yard detectives are sparking fresh speculation about the 2007 disappearance of Madeleine McCann.

Detectives have been flying to Spain over the past two weeks to investigate new developments in the case of the British three-year-old who disappeared from a vacation apartment in Portugal as her parents ate at a tapas bar 100 metres away.

The detectives won't say why they spent three days visiting police in Barcelona, but there are reports Madeleine was abducted in Portugal and smuggled across the border to Spain.

Though the official case was closed in 2008, Scotland Yard was directed to review the McCann files in May after Madeleine's parents, Kate and Gerry McCann, both doctors, made an appeal to British Prime Minister David Cameron. "There has been very good co-operation with Portuguese authorities and liaison will continue," said a Scotland Yard spokesman.

"We are pleased that the review is making progress,"

Abducted?

Theories still abound over Madeleine's whereabouts.

► **Algarve.** In February, Marcelino Italiano, an amateur sleuth, told the British Sun tabloid that Madeleine had been abducted by a pedophile ring based in the Algarve region of Portugal where the McCanns were staying.

CONTRIBUTED

MADELEINE MCCANN
HAVE YOU SEEN THIS LITTLE GIRL?



► Photo of Madeleine McCann, left, and a depiction of what she may look like at age 6.

the couple said in a statement issued yesterday.
TORSTAR NEWS SERVICE



► Police officers inspect damaged Ferrari sports cars on the Chugoku highway in Shimonoseki, Japan, following a 14-vehicle pileup on Sunday.

Luxury car pileup could total more than \$1M

► The vehicles were all in one place because they were being driven by a group of automobile enthusiasts on their way to nearby Hiroshima

An outing of luxury sports-car enthusiasts in Japan ended in an expensive freeway pileup — smashing a stunning eight Ferraris, a

Lamborghini and two Mercedes likely worth more than \$1 million together.

Police say they believe the accident Sunday was touched off when the driver of one of the Ferraris tried to change lanes and hit the median barrier.

He spun across the freeway, and the other cars collided while trying to avoid

hitting his car.

Video of the crash aired by NTV, a major national network, showed several smashed, bright red Ferraris cluttering the freeway.

Even a used Ferrari in Japan can fetch \$100,000 US or more, meaning the total damage may be \$1 million or more.

Police declined to comment on the total amount of damage, but said some of the vehicles were beyond repair.

NTV quoted the driver of one of the tow trucks brought in to clear the scene as saying it was the most expensive crash site he had ever seen.

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Kyoto commitment

► Ottawa to spend \$1.2B to help poor countries with their climate-change efforts ► U.S., one of the world's biggest polluters, hasn't ratified deal



► An activist wears a mask depicting the face of Prime Minister Stephen Harper at a protest in Durban, South Africa, yesterday.

Canada will not renew its commitment to the Kyoto Protocol, despite a tempting climate-change offer from China, Environment Minister Peter Kent said yesterday.

Kent said Canada will not sign on for a second Kyoto phase, even if doing so meant top polluter China would agree to targets to cut its own greenhouse gases. China has long refused to adopt binding treaty commitments to lower its greenhouse-gas emissions. But this weekend, China's top negotiator signalled that Beijing would consider a target if the European Union and developed nations — including Canada

— first agreed to extend their Kyoto commitments.

China's olive branch did not sway Kent. When asked if the offer might get Canada to reconsider signing on for a second phase of Kyoto after it expires next year, the minister simply said no.

He said Canada's "fixation" is on sealing a deal made two years ago at a United Nations climate-change conference in the Danish capital of Copenhagen.

"Canada has made clear this year that Canada will not make a commitment to a second Kyoto period," Kent said.

The NDP's environment critic, MP Megan Leslie, said

Condemnation

- Environmentalists have strongly condemned Canada for its position on climate change and its approach to dealing with greenhouse gas emissions.
- "Our loss of credibility on these issues didn't happen overnight," Queen's University biology professor John Smol said in a statement.
- "It's partly the result of ongoing neglect of environmental science at the federal level, but it also stems from a long history of broken promises, both to Canadians and to our global peers."

China's move puts Canada in a tough spot.

"The argument that China isn't doing anything, well, that's gone," she said. "I'm left to ask, 'What is Canada's excuse now?'"

Jean Chrétien's Liberal government joined Kyoto in 1998 but took little action to meet Canada's targets to reduce greenhouse-gas emissions.

The Conservatives also ignored Kyoto after they came to power in 2006. Canada has since set its own target of cutting emissions by 17 per cent from 2005 levels by 2020 — the same goal set by the Obama administration in Washington. **THE CANADIAN PRESS**

Witness recalls cat's screaming

JENNIFER TAPLIN
IN HALIFAX

A cat was allegedly beaten to death in Halifax during an alcohol-fuelled rage over the weekend. And it's the sound of a wailing cat that neighbour Andrew Denton still can't get out of his head days later.

Denton and his girlfriend were in his apartment on Saturday night when he said they heard a thumping on the wall.

"It sounded like screaming and we moved in closer (to the wall) and it sounded like a cat," said Denton, who has two cats of his own.

A man lives next door and his girlfriend had recently moved in with her cat, Denton said.



"I'll never forget the sound the cat made."

ANDREW DENTON, WITNESS

The superintendent got the man, who appeared drunk, to open his door. Denton said the cat was found under a bag in a bloody closet.

RCMP officers arrived and found the dead cat. They arrested a 48-year-old intoxicated man and later released him.

KINGSTON DEATHS

Expert testifies on honour killings

So-called honour killings stem from a loss of male control over women's bodies, and bloodshed is seen as a way to purify dishonour, an expert testified yesterday as the Crown wrapped up its case against a family accused of four such

killings.

In some cultures, particularly in the Middle East, honour is valued more than life, and can often accompany declarations of love for the victims from the perpetrator, Shahrzad Mojab told court.

Mojab was the last witness to testify for the prosecution in the trial of a Montreal couple accused, along with their adult son, of killing their three daughters and the first wife in the family's polygamous marriage.

THE CANADIAN PRESS

Group of 12 claims \$21M lotto jackpot

A group of 12 people from the Penetanguishene-Midland area have contacted lottery officials to say they plan to claim a \$21-million Lotto Max jackpot.

OLG says the prize is from the Nov. 25 draw.

Spokesman Tony Bitonti says a member of the group told lottery officials there were about 12 winners, but did not say when they would claim the prize.

Radio station CIQB reports they all work at the Waypoint Centre for Mental Health Care in Penetanguishene.

THE CANADIAN PRESS

More of us giving more to charity

Canadian taxfilers reported making charitable donations of just under \$8.3 billion in 2010.

That's a 6.5 per cent increase over 2009.

Statistics Canada reports the number of donors also increased — 2.2 per cent to just over 5.7 million.

Data are based on income-tax returns filed for 2010.

The agency says 23.4 per cent of all taxfilers claimed charitable donations on their tax return, in line with previous years.

THE CANADIAN PRESS



► Rabbits facing death.

Bunnies may get reprieve

A white knight has hopped into the fray to rescue bunnies facing the death penalty in Canmore, Alta.

The town has made international headlines for its plan to trap and gas its out-of-control feral rabbit

population.

Animal Rescue Corps (ARC), a non-profit animal protection organization based in Washington, D.C., wants to capture, sterilize and relocate the rabbits.

THE CANADIAN PRESS

2,000

According to Canmore officials, the population has hit the 2,000 mark — one rabbit for every six people in the town of 12,000.

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New planet Earth-like

▶ NASA's Kepler telescope discovers new planet outside our solar system with moderate temperatures and a star similar to the Earth's sun

JUSTIN SULLIVAN/GETTY IMAGES



▶ NASA investigator Bill Borucki, left, and Jill Tarter, director of the Center for SETI Research, look at a graphic of the newly discovered planet Kepler-22b yesterday in Moffett Field, Calif.

NASA has found a new planet outside Earth's solar system that is eerily similar to Earth in important aspects.

Scientists say the temperature on the surface of the planet is about a comfy 22 degrees Celsius.

Its star could almost be a twin of Earth's sun. It probably has water and land.

It was found in the middle of the habitable zone, making it the best potential target for life.

The discovery announced yesterday was made by NASA's Kepler

planet-hunting telescope.

This is the first time Kepler confirmed a planet outside Earth's solar system in the not-too-hot,

not-too-cold habitable zone.

Twice before astronomers have announced planets found in

that zone, but neither was as promising. One was disputed; the other is on the hot edge of the zone.

THE ASSOCIATED PRESS

Scientists discover biggest black holes

Scientists have found the biggest black holes known to exist — each one 10 billion times the size of our

sun.

A team led by an astronomer at the University of California at Berkeley

discovered the two gigantic black holes in clusters of galaxies 300 million light years away

The research was released yesterday by the journal Nature.

THE ASSOCIATED PRESS

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Baggage handler fired for refusing to load injured dog

A woman says she was fired as a baggage handler at Nevada's Reno-Tahoe International Airport after she refused to load a hunting dog on a plane to Texas because its paws were bloody and its body was covered with sores.

Lynn Jones says her su-

pervisor told her to load the dog last month because the paperwork was in order and its condition wasn't her concern.

She says airport police shared her concerns and phoned animal services, which took custody of the dog. **THE ASSOCIATED PRESS**

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Push to change EU treaty

► Stocks rise, borrowing rates for governments across Europe plunge

Seeking to restore confidence in the euro, the leaders of France and Germany called for changes to the European Union treaty so that countries using the euro would face automatic penalties if budget deficits ran too high.

Stock prices rose and borrowing costs for European governments dropped sharply, indicating investors view the Franco-German proposal as an important first step in an emerging plan to save the euro. The proposal will be debated at a European Union summit in Brussels on Friday, where failure could doom the euro.

Implementing treaty changes could take months, but a commitment to tighter co-ordination could open the way for further emergency aid

Proposals

Some of Sarkozy and Merkel's proposals that could be in a new treaty:

- Automatic punishment for any government that allows its deficit to exceed three per cent of GDP (this rule exists, but many have flouted it).
- Countries will be required to enshrine in law a promise to balance budgets.
- Never again ask private investors to take losses, as a bailout of Greece did.
- Make Europe's bailout fund permanent by the end of next year, rather than mid-2013.
- Hold monthly European summits until crisis is over.

from the European Central Bank, the International



► French President Nicolas Sarkozy welcomes German Chancellor Angela Merkel at Elysée Palace in Paris, where they met yesterday to align their positions on the eurozone.

Monetary Fund or some combination.

"We don't have time. We are conscious of the gravity of the situation and of the responsibility that rests on our shoulders," French President Nicolas Sarkozy said at a news conference alongside German

Chancellor Angela Merkel.

Sarkozy said he and Merkel would prefer the treaty be agreed by all 27 EU members. But he left the door open to one that covers only the 17 euro countries and anyone else "who wants to join us."

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► Security personnel carry out a man who collapsed while lining up for discounted BlackBerry smartphones on Nov. 25 at a mall in Jakarta.

RIM can't catch a break

► Canadian head in Indonesia may be charged over BlackBerry stampede

Andrew Cobham, the Canadian head of Research In Motion's operations in Indonesia, and three others are facing possible charges of negligence over a stampede at a BlackBerry promotional event last month that injured dozens of consumers.

Several people fainted and dozens were injured at the Nov. 25 debut of RIM's

BlackBerry Bold 9790 in Jakarta which offered a 50 per cent discount to the first 1,000 shoppers.

The crime carries a maximum penalty of nine months in prison.

Cobham and Terry Burki, a security consultant hired by the company, reportedly have been barred from leaving the country.

THE CANADIAN PRESS

Rowdy execs

► Research In Motion has let go two rowdy executives whose behaviour caused an Air Canada flight to be diverted to Vancouver.

► George Campbell, 45, of Conestogo, Ont., and Paul Alexander Wilson, 38, of Kitchener, received suspended sentences and probation for a year and ordered to pay almost \$72,000 in restitution.

Facebook on hiring spree

Facebook is adding to its workforce as investors wait to see if the 800-million member social network will go public with a share offering next year.

On Friday, Facebook announced in New York City that it is opening an engineering division at its Madison Avenue offices. Facebook has about 3,000

employees at its California headquarters, but only 100 in Manhattan.

"They're accepting applications now," New York City Mayor Michael Bloomberg told reporters.

Yesterday, there were 277 job openings at Facebook offices around the world — including two marketing-related jobs at

its lone Canadian outpost, atop Toronto's Eglinton subway station.

Despite the NYC announcement, the single largest group of job postings, 151 in total, is at its Palo Alto headquarters. The careers page says Facebook is building a new head office in nearby Menlo Park.

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China. Real estate



► Homebuyers in Shanghai protest the sudden plunge of residential property prices caused by China's attempts to deflate its real estate bubble.

THE ASSOCIATED PRESS

Beijing pricks property bubble

Google challenges Amazon

► Apparent plan is a quick-delivery service for online shoppers next year

Google is making moves to challenge Amazon's supremacy in online retailing.

The web-search giant is in talks to create a service to let shoppers buy goods online and receive their

orders within one day or two for a low fee, says the Wall Street Journal.

"They've approached us with the idea," a spokesman for Macy's department store said. Other big

retailers that have done business with Google declined to comment.

Google would not sell items directly to shoppers. Instead, it would combine the product-search feature

of the Google search engine, which directs shoppers to websites of retail partners, with a quick-shipping service that Google would oversee.

TORSTAR NEWS SERVICE

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A CONSUMMATE DATER'S HOLIDAY GIFT GUIDE

SHE SAYS ...

JESSICA NAPIER
METRO



aren't mandatory, you still might want to indulge that special someone in your life. However, the last thing you want is to appear cheap or inappropriately extravagant in front of a new (or new-ish) beau.

And, sure, it really is the thought that counts — but you certainly don't want your new mate thinking, "Oh, you got me a new watch? Gee, I didn't think we were there yet."

Whether you're just getting to know each other, happily dating or settling down, the different stages in a relationship warrant various types of festive indulgences. If you're not sure on the proper present etiquette for your particular dating scenario, here are some appropriate gift ideas that will ensure your budding relationship lasts into the new year.

Just met: Dating for less than a month

You've been on a couple of dates and, hey, maybe this is going somewhere, but you're still not all that sure. You haven't even had "the talk" and now you're pressured into an awkward gift-giving situation. Don't panic. Avoid going over the top and stick with small tokens, edibles or the ultimate icebreaker — alcohol.

"... chances are you've been through enough gift-giving events to know how to make each other happy. Just remember: Despite your good intentions there's really nothing romantic about home appliances."

Brand new beaus: One to four months
Ah, yes, new-relationship bliss; you're getting to know one another but haven't yet figured out each other's flaws. In the honeymoon phase, you'll be tempted to go all out on a gift, but it's probably still too soon to spoil your partner with something lavish. Show your new sweetheart you're smitten (without breaking the bank) with a sexy new scent or tickets to a show or sporting event.

Getting serious: Four months to a year

Now that you're settling down, you'll want to start making some memories together. Skip the tangible gifts and take your relationship on the road for a much-needed romantic getaway after all the meet-the-parents holiday stress.

Committed coupledom: A year or more

OK, now you can give in to your urges on those big-ticket items without feeling like maybe it's a bit too much. Go ahead and splurge on jewelry, electronics and other unrestrained gifts that say, "We're in a committed relationship."

In it for the long haul: Married

You don't need any help here — chances are you've been through enough gift-giving events to know how to make each other happy. Just remember: Despite your good intentions there's really nothing romantic about home appliances.

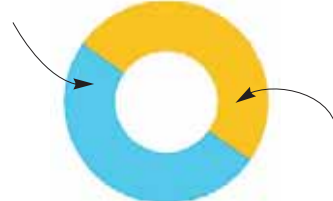
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He has a nose for snakes



Serpents invade man's orifices

NANNING, CHINA. This performance artist has certainly poked his nose into some slithery business. Liu Fei threads two snakes from both nostrils and out of his mouth at Nanning Zoo in Guangxi province, south China.



Another artist, Liu Xin, performed a headstand on top of a nail.

METRO WORLD NEWS

Local tweets



► **@ManCave MMA:** The absurd ticket prices the UFC wants plus the poor card can be to blame for 140 not selling out yet.
► **@marcopolis:** @MarkMcAll-Global Martial Arts promote discipline, self defence, honour. UFC promotes itself. Simple, no?
► **@RathikaS:** Another sad day for Canada— #CPC celebrating the passage of C-10 at 3rd reading—moving forward their #PrisonAgenda for #youth #cdnpoli
► **@yorandomtweeter:** Congratulations Canada, we're

now officially screwed. #C10 #omnicrime #cdnpoli <http://t.co/baBcLQBI>
► **@PMSHIsTerrible:** @briantopp is the only #NDP leaders candidate that is following me. I guess that means I have to support him? #cdnpoli
► **@Belgraves:** @trapdinawr-pool So why don't we start a discussion to explore what some of Stephen Harper's #Attawapiskat objectives might be? #CDNpoli
► **@TheresaLubowitz:** You know things are bad when China is more flexible than you on protecting the environment... #cdnpoli #cpc #durban

QUIRKY CHINA NEWS/REX FEATURES

Snakeman Liu

► Adept at handling snakes. Liu Fei, 40, is nicknamed Snake King Asia.
► Several snakes at once. He can handle up to three three-foot-long cauliflower snakes.
► During a TV show Liu managed to let a foot-long snake crawl through his nose and mouth.

9

Nine snakes in a human mouth is the Guinness World Record. It was set in Texas in 2003 by Jackie Biddy. He gathered the bunch of snakes by their rattles and put the tails into his mouth and held still for 10 seconds.

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A real, honest comedy

► The Sitter director David Gordon Green talks about working with Jonah Hill on his latest comedy ► Says that Hill doesn't hold back what he's feeling and that makes for great laughs

STEVE GOW
SCENE@METRONEWS.CA

Jonah Hill is an unlikely star. After rising to fame in Superbad and co-starring alongside Brad Pitt in the acclaimed drama Moneyball, the private actor is now taking charge in his own comedy The Sitter.

"What I love about him is he's real," said director David Gordon Green recently from Austin, Texas. "He doesn't hide his feelings. He tells you what he thinks without a lot of fake smiles and it comes across as an actor too. It comes across in a vehicle like The Sitter as real funny."

Having made big-screen comedies like Pineapple Express and this year's Your Highness, Green knows funny.

But the award-winning filmmaker also knows honesty.

After all, his career in cinema began with acclaimed dramas like All the Real Girls.

It's an interesting career twist for the director now behind this Friday's release about a terrible babysitter who takes his charges out on a wild night involving drugs, bar fights and exploding toilets.

"I had exercised at the level of exhaustion a lot of



► In The Sitter, Jonah Hill plays a terrible babysitter who takes his charges out on a night filled with drugs, bar fights and exploding toilets.

my personal emotion in my movies so it got really heartbreaking because no one would go see them," said Green of his move into more mainstream comedy.

"I was just kind of looking at my career thinking I'm making stuff for myself and I'd like the experience of making stuff that people would go see," he said.

In fact, disappointing returns on Your Highness

almost drove Green back to serious cinema.

That is, until the subversive script for The Sitter showed up.

"When I read The Sitter, I thought it had a lot of great honesty and dimension to a comedy and could bridge two interests of mine," said Green.

"It was also the first movie anyone asked me if I wanted to make. I'd never heard those words before."

Jonah Lite

The Sitter marks Jonah Hill's last film before he dramatically dropped over 30 pounds of weight.

► "It's right toward the end of this movie that he started dieting and getting healthy," said Green. "It certainly became a really tremendous step for him to take and it's been cool to be a part of that transition."

► And Green has something to say to cynics who claim the weight loss will impact Hill's career. "It sucks that people don't give you the benefit of the doubt at first but its just something professionally – you're in the spotlight, you have to prove it to everybody."

2

scene

Scene in brief



The Material Girl will be taking the stage on football's biggest night. Madonna, who has sold more than 300 million records, will perform at halftime of the Super Bowl in Indianapolis. The NFL and NBC announced Sunday during the Detroit-New Orleans game that the Grammy Award-winning singer will highlight the show at Lucas Oil Stadium on Feb. 5.

THE ASSOCIATED PRESS



The Band Perry reflects on amazing year as they return to youth-themed American Country Awards



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Old enough to know better

► Are veteran actresses being put out to pasture by Hollywood? ► Industry insiders say there's an ageism gap

PHOTOS: THE ASSOCIATED PRESS

A million-dollar lawsuit by an actress who claims her job prospects were damaged when she was outed online as a 40-year-old has run smack into conventional wisdom: If Sandra Bullock, 47, and Helen Mirren, 66, are getting steady work, bias against older actresses surely must have vanished.

Film stars Meryl Streep, Halle Berry and Glenn Close are also members of the 40-plus and employed club. On TV, the majority of the *Desperate Housewives* female leads are nearing 50, while Emmy Award-winning Julianna Margulies of *The Good Wife* is 44. But industry insiders and unions say star power obscures the ageism gap between high-profile performers and working stiff — a unique aspect of Hollywood's division of the haves and have-nots.

"There is a tendency for all of us to think of the actors we see all the time and whose names we know," said Duncan Crabtree-Ireland, the Screen Actors Guild's deputy national executive director and general counsel. "But the vast majority of characters on TV and film are portrayed by people we don't know and who are struggling to make a living as an actor," he said.

Older actresses face more hiring hurdles than their male counterparts, ac-

cording to employment statistics from SAG and the American Federation of Television and Radio Artists.

Women over 40 make up 24.3 per cent of the U.S. population, the 2010 census found. In comparison, union casting analysis show actresses over 40 years old get 12.5 per cent of roles for television and film. Men of that age are also about a quarter of the population but nearly equal their ranks in casting. (Television doesn't do well by women overall, who are 50.8 per cent of the U.S. population but are seen in only a quarter of roles.)

The picture is no prettier when it comes to earnings in the youth-obsessed industry. In 2010, for example, actresses ages 41 to 50 working in SAG-covered film and TV projects earned a total \$58 million — compared to the \$160 million paid to actors in that age group.

The guild is heartened by the high-profile older actresses who are finding work, especially on TV, and Crabtree-Ireland said, "We hope that this will be the beginning of a trend for all of our members, but our data doesn't show that."

Among the groundbreakers are Close, 64, of *Damages* and the upcoming theatrical release *Albert Nobbs*; Kyra Sedgwick, 46,



► Industry insiders say star power obscures the ageism gap between high-profile actresses and those struggling to make it.



of *The Closer*; and Marg Helgenberger, 52, *CSI: Crime Scene Investigation*.

That's progress, given that superstar Bette Davis was 42 when she played an

aging actress on the brink of irrelevance in *All About Eve* (1950) and was 56 when she starred as an elderly "spinster" descending into madness in *Hush* ...

Hush, Sweet Charlotte (1964).

"It's a miracle I'm still working," said Salma Hayek, 45. "They told me you'll never work because I

have the accent. ... They told me you're not going to work after 35 or 30, and I've never been busier in my life."

THE ASSOCIATED PRESS



Exploring sleep's dark hours

▶ Sleeping Beauty director Julia Leigh explains her fascination with sleep



Sleep. Those hours at night when we are at our most vulnerable, are explored in first-time Australian director Julia Leigh's film *Sleeping Beauty*.

The inspiration for the disturbing story about a university student, played by Sucker Punch's Emily Browning who earns a living allowing herself to be

anesthetized and left in the company of wealthy clients, is murky, according to Leigh.

"I think the question of where a project comes from is essentially mysterious," she says. "It's very mysterious to me why and how something rises in me that I find so compelling that I have to begin a work."

"When I look back in hindsight I see that I had been told the fairy tale of

Sleeping Beauty as a girl. I'd read and loved two famous novellas, one by Kalabata, one by Gabriel García Márquez. Both stories told from the point of view of an older man who paid to sleep next to a younger girl."

The novelist-turned-filmmaker says her decision to make the film was influenced by "a recurring nightmare that I had after I published my first novel

The Hunter. I did a bit of press and I had a bit of exposure. And my nightmare was that I was being filmed in my sleep."

That experience led her to write and direct the film.

"I did ask myself, 'What would it be like if you knew something was happening to you in your sleep and you knew it probably wasn't good for you, how would it seep into your waking life?'"



▶ In *Sleeping Beauty* a university student allows herself to be anesthetized and left in the company of male clients.

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The Help**Genre:** Drama**Director:** Tate Taylor**Stars:** Emma Stone, Viola Davis, Octavia Spencer

🌐🌐🌐

Oscar-worthy performances by Viola Davis and Octavia Spencer elevate this 1960s-set Deep South drama above any accusations of medicinal moviemaking.

They play Mississippi maids Aibileen and Minny, who clean the homes and raise the children of their white employers, yet who aren't considered part of the household — the black help isn't even allowed the basic human courtesy of using an indoor toilet.

Based on the Kathryn Stockett's bestselling 2009 novel, Tate Taylor's movie explodes the bogus concept of "polite racism," in which ladies in white gloves pretend to somehow be different from Jim Crow rednecks in their treatment of minorities.



Emma Stone's rebellious Skeeter is the notable exception, defying the status quo with a tell-all book she's writing that gives the maid's view of oppression. When Aibileen and Minny speak, the film becomes alive and the '60s sudden-

ly seem a lot less progressive than they were deemed to be. It was a long and painful road from the outhouse to the White House.

Extras include deleted scenes and making-of featurettes.

🌐 PETER HOWELL

Cowboys & Aliens**Genre:** Action**Director:** Jon Favreau**Stars:** Daniel Craig, Harrison Ford, Olivia Wilde

🌐🌐½

This mash-up of western and sci-fi clichés never fully saddles up or reaches for the stars. Still, it ropes you in. The movie gets by on the strength of its agreeable talent, who enjoy playing along and can endure the horse manure and space goo being shovelled.

Director Jon Favreau (Iron Man) and his six writers stick to genre basics, setting taciturn earthlings with itchy trigger fingers against alien invaders who, as usual, want to plunder the planet, this time for our gold.

An impressive cast headed by Daniel Craig and Harrison Ford, the men behind James Bond and Indiana Jones, enliven an unremarkable screenplay that draws heavily on previous films. Think



Stagecoach and Rio Bravo melded with Aliens and Independence Day and you've nailed the ho-hum plot.

Along for the ride are Olivia Wilde, Paul Dano, Sam Rockwell, Keith Carradine, among other earthlings. There's also a cute little doggie, who gits along

in nearly every scene.

What's missing from the film is any real sense of wonder, or personal stake in the proceedings. It could have been so much more.

Extras include a director's commentary and a making-of featurette.

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Why music feels good

► It gets dark early these days, which can lead to depression ► But you've got a tool right in your pocket ► Music can profoundly change your mood, and we talked to experts about why

ROMINA MCGUINNNESS
SCENE@METRONWS.CA
METRO WORLD NEWS IN LONDON

Isn't it amazing, while flipping through your iTunes collection, how hearing each song affects your mood so significantly? One can make you feel light and bouncy; another can instantly take you to a dark, depressing place, vaguely connected to some past memory. Why does this happen? As Van Halen once sang: "Somebody get me a doctor!"

Hey, here's one now: "Once the emotional link to music is established, our neurological reactions are profound," confirms Dr. Concetta Tomaino, director of the Institute for Music and Neurologic Function in New York. "Our brain creates hard-wired responses to certain situations that are repeated when listening to the music."

Memories are key

As is chemistry: The personal connection you have to certain songs triggers the release of feel good chemicals in the brain



such as dopamine, and serotonin, the same ones released when taking drugs such as cocaine or ecstasy, providing an adrenalin rush and a feeling of euphoria.

Hormonal changes also occur: "Your brain triggers the release of the 'cuddle'

hormone oxytocin, that promotes feelings of love and trust," says another doc, Dr. Michael De Georgia, director of Music and Medicine at University Hospitals Case Medical Center.

And like any good psychological issue, your

mom may also come into play. Maegan Morrow, music therapist at the TIRR Memorial Hermann Rehabilitation Hospital in Houston, believes that our connection with music comes from the way we were nurtured — "a certain voice could make you think of your mother's lullabies, or a band you used to listen to in your prime party days," she says.

Music matters, too

A song's structure also makes an impact. Tomaino says anything faster than normal walking tempo makes us feel energized. But according to De Georgia, the key to an elating song is one whose rhythm is at the same frequency as our heart beat, an average of 60 to 80 beats per minute.

Anything below 60 beats is both sad and relaxing whereas anything above 80 can either rev you up, or cause anxiety.

"Rock music can make you feel euphoric but a frequency too much above heart beat causes your brain to release stress hormones," he explains.

Morrow describes rhythm as an external force to which our bodies align. "Our bodies are rhythmic; our steps, our heart beat, our breath. Rhythm brings structure to the environment and the body behaves like an oscillator trying to align with that beat to fit into that structure," she says.

The happiest tunes

Feelings of happiness are strongly linked to key tone: "Minor keys are often associated with depression and sadness and major keys with feeling happy," says De Georgia. Also, higher pitched, generally female sounds are thought to be comforting. But sometimes, it just comes down to you loving the song. "When we know a song's tonal structure, we feel comfortable," says De Georgia. "Brilliant musicians such as Mozart and The Beatles managed to tweak a song just outside of the 'comfort zone', making it unique without entirely losing the plot and going off beat," he adds. So don't fear the winter blues. Here comes the sun.

Top feel goods

- 1 Shake it Out, Florence + the Machine:** This is the song version of a drum roll. Filled with anticipation.
- 2 Smile, Lily Allen:** Her voice is soft and sweet and this song literally makes you want to smile.
- 3 California Gurls, Katy Perry:** perfect background beat and her high pitched but even voice make you want to get up and dance.
- 4 Happy Up Here, Röyksopp:** The sonic equivalent of a rubber bouncing ball, this, from the Norwegian electronic music duo, feels "up."
- 5 Countdown, Beyoncé:** powerful voice, regular beat and high tone.

Top feel bads

Depressing songs or albums

- 1 Dido:** Any song of hers is borderline depressing. Her pitch is monotonous and lacks stimulation.
- 2 Let Down, Radiohead:** In fact, the whole OK Computer album sparks a deeply-felt but not unpleasant melancholy.

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A review, straight from the writer

▶ Mark Breslin gives his opinion on his new book, *Road Warriors and Rarities* ▶ The review isn't scathing



**MARK
BRESLIN**
SCENE@METRONWS.CA

Asked to review my own book, I thought, "Finally...some journalistic objectivity!"

So here goes.

"Mark Breslin's new audiobook about the history of Canadian standup comedy is simply the best audiobook ever written and

recorded in the history of the medium."

OK, maybe a bit over the top.

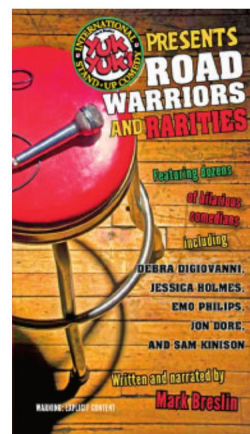
"Mark Breslin's new audiobook is a miserable and useless collection of irrelevant cuts by a writer clearly past his prime, trying to hold on to old, sad memories."

Hmmmmn... a bit rough on myself. Let me try

again.

"I looked forward to Mark Breslin's new audiobook, *Road Warriors and Rarities*, with some anticipation. I enjoyed his last foray into the history of Canadian standup, and was grateful for the way he merged well-chosen audio tracks and

personal reminiscences into a seamless blend all his own.



But while the earlier volume was laden with theories of how race, class and gender affect our national humour, this CD collections uses geography as its starting point and organizing motif.

There are fewer stars on this edition, but comedy fans will recognize names such as Debra DiGiovanni, Jon Dore, Sam Kinison, and many others. Perversely, Breslin even states that stars don't really hold his interest — he's fascinated by comics he thinks are every bit as good as household names, but that few people know. After listening to over 50 tracks, I wouldn't argue with him.

The CDs are arranged by section: *Rarities*, including the brilliant but esoteric gems Sean Keane and Sheila Gostick; *Expatriates*, both to the U.S.

Win a copy of Breslin's book

Go to clubmetro.com for your chance to WIN 1 of 4 copies of Mark Breslin's Audiobook Boxset *Road Warriors and Rarities*

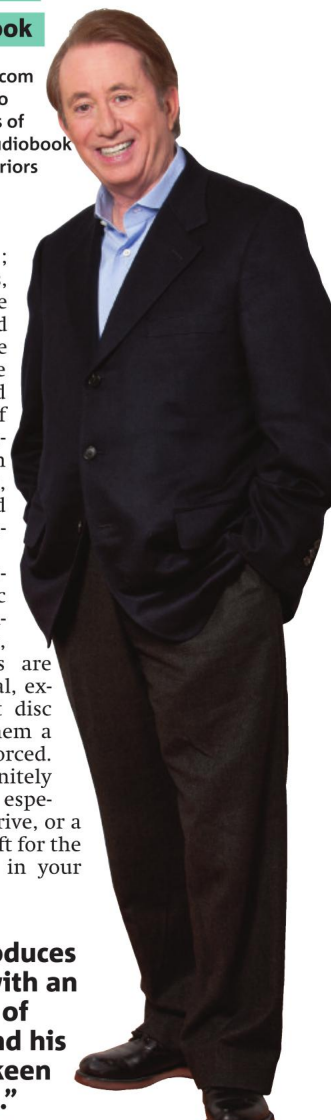
and the U.K.; *Homegrown Stars*, with comics like the great Red Green, Maggie Casella, and The Frantics; and *Road Warriors*, a set of the newer, stars-of-tomorrow, with Mark DeBonis, Mark Little and Terry Clement being standouts.

Breslin introduces each comic with an appreciation of their work, and his insights are keen and personal, except for the last disc where I found them a bit rushed and forced.

All in all, definitely worth a listen, especially on a long drive, or a perfect holiday gift for the lover of comedy in your life."

"Breslin introduces each comic with an appreciation of their work and his insights are keen and personal."

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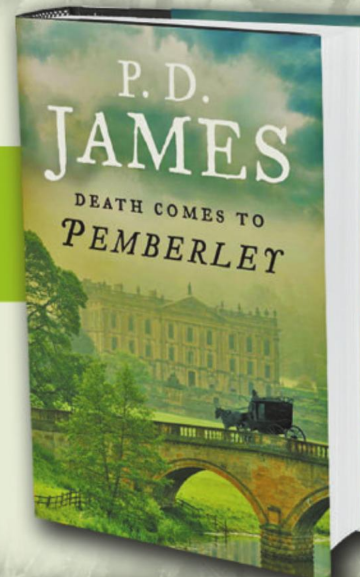
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More gloom than glamour?

► Report alleges Beverly Hills Housewife enters rehab

THE WORD

DOROTHY ROBINSON
SCENE@METRONEWS.CA



I always thought the "point" of the Real Housewives franchise was to show us, the common people, how glamorous and lovely it is being stinking rich.

But The Real Housewives of Beverly Hills just makes me grateful for my overdrawn MasterCard.

As you may remember, four months ago, cast member Taylor Arm-



► Kim Richards

strong's husband killed himself, reportedly over financial problems.

Now, Entertainment Tonight is reporting that cast member Kim Richards is in rehab. In previous episodes of the show, Richards admitted to taking anti-anxiety and anti-depressant medications, as well as an anti-seizure

medication that can be used to treat alcoholism (meaning: Richards isn't a person who just has one too many glasses of wine at dinner; she's probably hiding hooch around the house).

It's sad. Everything about this show is sad. And maybe everyone on this show would be happier and healthier if they stopped trying to impress the Joneses and downgraded their materialistic lives into something a little more manageable and normal.

Sometimes you just have to blow dry your own hair and vacuum your own floors, you know?

Rancic to get double mastectomy

Giuliana Rancic, 36, once the poster child for infertility, is now, sadly, the spokeswoman for another terrible affliction: She announced yesterday on the Today Show that she will have a double mastectomy after lumpectomies failed to completely eradicate her breast cancer.

She says the reason for



► Giuliana Rancic

the dramatic procedure is twofold.

"For me, it was impor-

tant to get the cancer out," she says. "That's what I wanted to do, just get it out."

And she also didn't want to delay trying for a baby with husband Bill Rancic, 40, as having another lumpectomy-radiation option would have meant delaying pregnancy for a few years. ●METRO

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Gap teeth are so last year; cosmetic dentists in Japan are now being flooded with requests for crooked teeth. Move over Lara Stone and let Kirsten Dunst take centre stage. Why did we bother spending our teenage years with metal braces digging into our gums if crooked was cool all along? Maybe because resembling a five year old is just a little creepy.

● METRO WORLD NEWS



Sleep pattern consistency key to conquering Sunday night insomnia

Dig your own grave by shovelling snow

▶ Study shows once again danger associated with clearing the drive



CELIA MILNE
LIFE@METRONEWS.CA

Shovelling: It's not for the faint of heart.

When the next snow storm hits, think twice about grabbing that shovel to clear the walk.

Especially if you are male, inactive, have a weak heart, and smoke.

In a recent study, researchers at Queen's University in Kingston, Ont., looked back over the medical records of 500 people with heart problems who arrived in the winter-time at Kingston General Hospital (KGH) Emergency room.

The team found that 35 (seven per cent) of these patients had noticed their first symptoms while shovelling snow. It may not sound like a huge percentage, but in medicine it is very significant, says Dr. Adrian Baranchuk, associate professor of medicine at Queen's University and a cardiologist at KGH, lead author of the study.

He guesses there are plenty more people who didn't mention they were

shovelling snow when their symptoms started. Of the 35 who developed problems while shovelling, 31 were male.

"The group at highest risk is men with family history of heart attacks or cardiovascular disease," says Baranchuk.

"You're also in the highest-risk group if you have coronary artery disease and you smoke." If you're a woman and you have no family history of coronary artery disease, you are at low risk, he adds.

An earlier Harvard University newsletter describes how problems develop. Sudden physical exertion, such as shovelling, can put a big strain on the heart and make blood more likely to clot.

When a clot forms inside a coronary artery, it can block blood flow to part of the heart.

Deprived of their supply of oxygen and nutrients, heart muscle cells begin to shut down, and then die. This is a heart attack.

The Queen's University study was published in the journal Clinical Research in Cardiology.



ISTOCK PHOTOS

▶ Have you checked the risks? The season, it may be time to invest in that snowblower.



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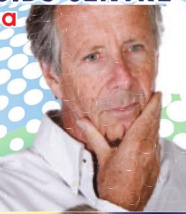
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BONNIE MUNDAY,
EDITOR-IN-CHIEF,
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MAGAZINE

The checklist that can save your life We've all heard medical horror stories: the Ontario doctor who operated on a patient for a blood clot, drilling a nickel-sized hole into the right side of the patient's skull – yet the clot was on the left side.

Then there are the stories about medical staff leaving surgical gauze and other items inside patients.

As writer Camilla Cornell found out for her story in the December issue of Best Health, out of the estimated two million surgeries performed in Canada each year, there are complications in 11 per cent of those, resulting in pneumonia, stroke and kidney failure, among others.

But a potent new tool has recently emerged in the fight to keep a lid on surgical complications.

It isn't an innovative new drug or an expensive piece of equipment. It's a simple, low-cost procedure developed by the World Health Organization, and it's surprisingly effective.

The Surgical Safety Checklist requires everyone on the surgical team to double-check 19 different items before and after surgery; examples include whether antibiotics have been administered at the correct time prior to surgery (important in preventing infection) and whether the area for surgery has been marked on the patient's body.

Seems pretty logical that these steps would be taken without a list, but according to one of our medical sources, including the steps on a checklist is important because

the complexity of medical care today increases the potential for human error.

And the checklist seems effective: In hospitals around the world that use it, one study found that complications from surgery dropped by about one third, and the in-hospital death rate dropped by an astounding 40 per cent.

The Surgical Safety Checklist became a required operational practice in Canada this year, but that doesn't mean all hospitals and all doctors are actually using it, according to our sources.

To get advice for what you can do if you or someone you love is getting surgery soon, check out the December issue of Best Health on newsstands now.

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Blueberry Mascarpone Semifreddo



ry puree, remaining blueberries and chocolate. Pour into a small loaf pan lined with plastic wrap and freeze for 4 hours or until firm.

4 Turn loaf onto serving platter and remove plastic wrap. Cut in 2.5-cm (1-inch) slices and garnish with mint, pistachios, blueberries, **THE CANADIAN PRESS/WILD BLUEBERRY ASSOCIATION**

Preparation:

1 Cut vanilla bean in half; scrape out seeds. In saucepan, heat milk and vanilla seeds over medium heat until steaming.

2 In heatproof bowl, whisk egg yolks and sugar until creamy. Pour milk into egg mix, whisking until thickened. Let cool. In blender, purée 250 ml (1 cup) of the wild blueberries; set aside.

3 Using electric mixer, beat mascarpone until creamy and smooth. Beat in egg mix until combined and lightened. Fold in blueberry

Ingredients:

- 1 vanilla bean
- 125 ml (1/2 cup) milk
- 3 egg yolks
- 75 ml (5 tbsp) granulated sugar
- 625 ml (2 1/2 cups) frozen blueberries
- 250 ml (1 cup) mascarpone
- 30 g (1 oz) bittersweet chocolate, chopped
- 10 ml (2 tsp) chopped shelled pistachios, wild blueberries, mint leaves

Swanky looks aren't enough

► Although Harry's Social Kitchen & Bar looks chic, the food needs work

LUNCH RUSH

STEPHANIE DICKISON
FOOD@METRONEWS.CA



Harry's oozes a nightclub vibe like it's Saturday night, which is odd at lunchtime.

But the music is rockin' and the dark wood and chandeliered place is jammed with large groups of office workers, so at

least it's lively.

Bang Bang Shrimp (\$13) comes in a takeout container with chopsticks and salad — nice touch.

Five Panko encrusted tiger shrimp are crisp and succulent with a nice jolt of heat.

There's no dressing on the salad — the chef has "marinated" the few carrot and celery sticks instead — so the field greens are bone dry.

Steak Tips (\$13) are a rare menu sighting and now I know why. While they're soft and chewy, they have little flavour except for a slight liver finish. The "cognac-fired béarnaise" was missing from our plate, which might have imparted more flavour.

Harry's clearly got the decor and social part down. Hopefully the kitchen will get his attention next.

Harry's Social Kitchen & Bar

21 St. Clair Ave. W. (near Yonge)

416-925-7827

harrysocialkitchen.com

Reservations: Yes

Licensed: Yes

Social lunch: Yes

Time in: 12:13 p.m.

Time out: 1:20 p.m.

Rating: 3.5 out of 5



► Bang Bang Shrimp (\$13)

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FORGOT TO WISH SOMEONE HAPPY BIRTHDAY?

CHARLES THE BUTLER



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CHARLES
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What is the correct etiquette to acknowledge an important birthday you've forgotten while you are away and travelling?

Interestingly, today I'm in Amsterdam on business

and it happens to be my dear friend Wendy's birthday. In a perfect world this problem is really easy to deal with, as you send a card and/or a present ahead of time to the person, perhaps with a warning on the outside of the envelope not to be opened before the birthday date.

Now let's leave the perfect world and go back to reality. I may be the perfect butler and remind my employer every detail they need to know, however personally I've been more than once travelling and halfway around the world and real-

ized it's Wendy's, Aunt Mary's or my best friend John's birthday today and I forgot. So what to do?

1. First, ideally call the person right away to acknowledge and apologise for your error. Acknowledging your error is more important than anything at

that moment in time.

2. If you are unable to call, then send an email again, acknowledging your error and sending your best wishes.

3. Consider bringing something back from where you are in the world. This will hopefully create a

special memory.

4. Remember, if you make a promise (to take them out for dinner upon your return) this needs to be a priority as soon as you're home!

I lost a very dear friend once after forgetting her husband's birthday and not

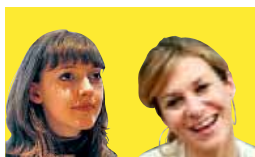
making it a priority to follow through with my promise of taking them out for dinner, and I've regretted this foolish error ever since.

5. Lastly, just be honest. We all live very busy lives and being able to acknowledge your error and following through is the right and best thing to do!

HAVE A QUESTION? EMAIL CHARLES AT ASKCHARLESTHEBUTLER@METRONEWS.CA.

ANY GIFT IS GOOD AS LONG AS YOU TRIED

TWO SISTERS



ANDREA & CLAIRE
RELATIONSHIPS@METRONEWS.CA

Hi Claire & Andrea, I just started dating this girl and I'm wondering what I should get her for Christmas, and how much is appropriate to spend on her, given that this is all pretty new. I'm a lawyer and money is not an issue, but I just don't want to scare her away with something too lavish or disappoint her with something too small.

Uncomfortable Santa

Andrea: Dear Uncomfortable Santa,

In our family, it's not the holiday season unless someone's crying in the bathroom, or dodging a stale bread roll thrown from across the table.

It's the time of year when you can build lifelong memories with family and friends — why make it just about trinkets? Women appreciate thoughtful gestures as much as pricey ones. How about a little treasure hunt

that leads to a romantic dinner for two, followed by a game of throwing snowballs at Christmas carollers?

If you're really into her and vice versa, the memories will overshadow any price tag. Happy holidays!

Claire: Dear U.C.,

I have to admit, that is awkward. 'Tis the season when everything is supposed to be meaningful, but in your case, not so meaningful that you freak her out. It sounds as though your relationship is still fragile and new — one false move and your love turns to a lump of coal. I think planning interesting things to do together is a great idea.

But just in case she buys you something for Christmas, it never hurts to be prepared: you could buy her the movie adaptation of her favourite book or a copy of your favourite book; a CD she might like, or tickets to something you can do together.

Or, even the biggest, most fake batch of mistletoe you can find with a mega stick of lip balm? The choice is up to you. The main thing is that you tried.

TWO SISTERS, 20-SOMETHING ANDREA AND 30-SOMETHING CLAIRE, OFFER THEIR DIFFERING VIEWS ON YOUR RELATIONSHIP ISSUES.

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Go on and re-gift

FUN AND FRUGAL

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In the past, re-gifting was socially shunned. But these days it's very common because re-gifting saves money and reduces waste.

Throw that Billy Blanks Tae Bo DVD in a used gift bag and give it to your second aunt who's trying to

shave off a few pounds and get fit.

According to couponcabin.com, four out of 10 North Americans have re-gifted presents.

The most commonly re-gifted items are gift cards, duplicate items, and unwanted products.

If you're going to re-gift a present, there are parameters you should follow.

Remove your name from any tags or cards and don't give it back to the same person who gifted it to you.

Refrain from re-gifting personal hygiene products like nail clippers or razors.

Ensure the present is in its original wrapping and don't recirculate something that has been blatantly used.

Try to avoid re-gifting something super sentimental, especially if it's from someone close to you that could find out.

Re-gifting is typically a result of the gift-giver trying to stretch an already limited budget. If your list of people to buy for keeps growing, co-workers, neighbours, teachers, stop!

Don't bother buying junk for people. This is exactly how and why people

go into debt over the holidays which sets them back financially for months.

Instead, write a personalized card or host a volunteer day at the food bank.

Why not barter or trade for gifts? Sell unwanted household items on Kijiji to generate some guilt-free holiday cash.

If you feel truly obliged to buy something, keep it small; less than \$10.

Make a small donation on behalf of the person you have to buy for.

This is a meaningful and inexpensive way to show your generosity while



► There are rules involved to giving presents a second life. Namely, don't re-gift something that leads to this sort of face.

spreading the holiday spirit. Or bake treats or make ornaments that everyone can enjoy!

Re-gifting within certain parameters is a resourceful way to keep your budget in check.

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Give your card a l'il more credit

► Get more for your money (read: free stuff) with these credit card tips

Using your rewards credit card can have an immediate payoff, as 51 per cent of Canadians are likely to redeem points for everyday items such as groceries and cash, according to a recent RBC Rewards poll.

"We have seen that cash-back cards are rising in popularity with 30 per cent of Canadians now carrying this type of credit card in their wallet and finding more value than when they pay with cash," said Prashant Sharma, vice president of retail credit

cards at RBC.

"Life can be demanding and some clients prefer a credit card that is simple to use. If you are looking to get more for your money, certain cards offer bonus rewards when you spend on everyday items like groceries."

Many budget-conscious consumers, mindful of rising food and energy prices in the current economy, are looking for options that provide cash to pay for more immediate needs. Sharma offers the follow-

ing tips to maximize your cash-back rewards credit card:

• **Focus on the bonuses:** Look for a cash back credit card that gives you more on everyday purchases, such as bonus offers and spending on everyday purchases, like groceries.

• **Simplify:** Consider a cash back card that automatically shows your earned credit on your monthly statement. It's an easier way to track your rewards.

• **Consolidate your spending in one place:** Spend smart rather than spending more. This will help you get more bang for your buck and allows you to manage your budget in one place.

• **Make it automatic:** You can also use your card to pay monthly expenses such as utilities, daycare, tuition, gym memberships and newspaper subscriptions, to get you even more cash back.

NEWS CANADA



► Believe it or not, this little piece of plastic can do a lot.



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TIME FOR SOME R'N'R

REST, RELAXATION IMPORTANT FOR STUDENTS OVER HOLIDAYS

For students cramming to catch up on the fall semester and wanting to get a jump on the winter semester, the Christmas break can seem like the ideal time to hit the books — but experts say students should use the time to unwind or think long term.

Joanne Mills, a psychologist and the co-ordinator of counselling services at Halifax's Mount Saint Vincent University, says with heavy school loads and

long hours working to pay for tuition, students can go years without taking a real rest.

"If at all possible, take the break. They need to charge up their batteries," she says.

"For motivation, it's important to miss school. If you don't take that break, you lose your eagerness and passion for learning."

If you can't take a total break, it's better to set down the books and just focus on your job than to study non-stop.

"But having fun and relaxing is probably the best-case scenario," Mills says.

Aleasha McCallion, manager of workplace learning at the University of British Columbia, agrees a break is important, and adds students can use the time to do some career planning. Think about what you would like to do for a summer job or internship, update your resumé and brush up on your interview skills.

Chad Camacho, a fourth-year history student at the University of Toronto, has tried it all on the winter break. He has studied hard, dropped the books and worked to earn money, and taken a proper vacation.

"I find that if I hit the books really hard right away, I tend to lose interest faster once the semester begins. Too much work over the holidays doesn't work for me," he says.

"You only get two weeks break anyway. I usually just take the time off to relax and spend time with my family."

It also forces Camacho to spend time with people working in the real world as a reminder of what lies beyond university. — Jon Tattrie

Motivated.

PRESTIGIOUS MARK FOR ATHABASCA

Joining an exclusive group of academic institutions across the country, Athabasca University has been granted accreditation for the Bachelor of Commerce Accounting Major program by the Certified Management Accountants of Canada (CMA Canada).

"CMA Canada's accreditation of the Bachelor of Commerce Accounting Major program not only affirms the calibre of this program, but also speaks to the growing recognition of quality online business courses and programs such as ours," says Dr. Alex Kondra, dean of the Faculty of Business at Athabasca University.

"This is another milestone in our productive and mutually beneficial partnership with CMA Canada."

This accreditation puts students on the fast track towards earning their CMA designation.

With this prestigious accreditation, students who graduate from the BComm Accounting program with a minimum average of 75 per cent won't have to write the CMA entrance exam.

These students will then be able to enter straight into the CMA's Strategic Leadership Program, the final step towards earning the CMA designation.

Only programs at academic institutions that provide complete coverage of the SMA Competency Map Entrance requirements are accredited by CMA Canada.

"Through the CMA accreditation process, we are increasing the pool of qualified graduates who are able to enter the CMA Strategic Leadership Program directly from academic institutions, thus helping achieve quality growth in the management accounting profession," says Joy Thomas, MBA, FCMA, C.Dir., president and CEO, CMA Canada.

For more about the BComm Accounting major, see athabascau.ca.

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IMPROVE LANGUAGE SKILLS

FREE OSLT TRAINING

If you are new to Canada and want to improve your workplace communication skills, then Occupation-specific Language Training (OSLT) may be right for you.

The initiative by Colleges Ontario, funded by CIC (Citizenship and Immigration Canada), provides you with free, occupation-specific language training courses offered by 13 Ontario colleges that will teach you the language and workplace culture skills required to communicate effectively in your job.

OSLT offers workplace communication courses in the following sectors: Business, health sciences, human services, skilled trades, and technology. For more information, visit co-oslt.org.

Adriana Costa is currently attending the OSLT program in Health Sciences at Boréal College in Toronto. "I have a friend who studied at Boréal and she told me about this course. I researched it on the Internet, then I discovered some information on the course. I realized it was perfect for me."



JETTA PRODUCTIONS/LIFESIZE/THINKSTOCK

You can choose between courses designed for several specific employment sectors, including business, health sciences, human services, construction, automotive trades, and technology.

Costa is a registered nurse and has been living here for one year. "In my last country, I worked in nursing for more than 10 years. I am 100 per cent sure that this course is very useful for me because I had TOEFL, but I had to work more with my communication skills," she says.

The OSLT program can help you with employment. As Costa explains, "I got a job as a personal services worker one month ago and I had the opportunity to practise everything that I've learned at Collège Boréal in the school in this course. It's more than just English; it's communications skills, because now I feel confident to reach my goals in this country."

HUMBER'S PRACTICAL PROGRAMS

Humber's e-Business Marketing degree has a great track record of graduates getting jobs. Paul Griffin, associate dean of the Business School, attributes this success to a more hands-on application.

"It's more practical and more applied than a typical four-year degree that you see out there," he explains. "We're also directed by employers. That's what they like to see in the program and it's in response to what they've asked for."

Humber's unique Bachelor of Applied Business degree blends e-commerce with marketing. A practical focus means that Humber students spend more time in computer labs. For Eli Lewin, co-ordinator of the e-Business degree program, it is exciting to see his students being successful in their careers. "Students, in addition to getting a bachelor of commerce, students here study more computer subjects," he says. For a

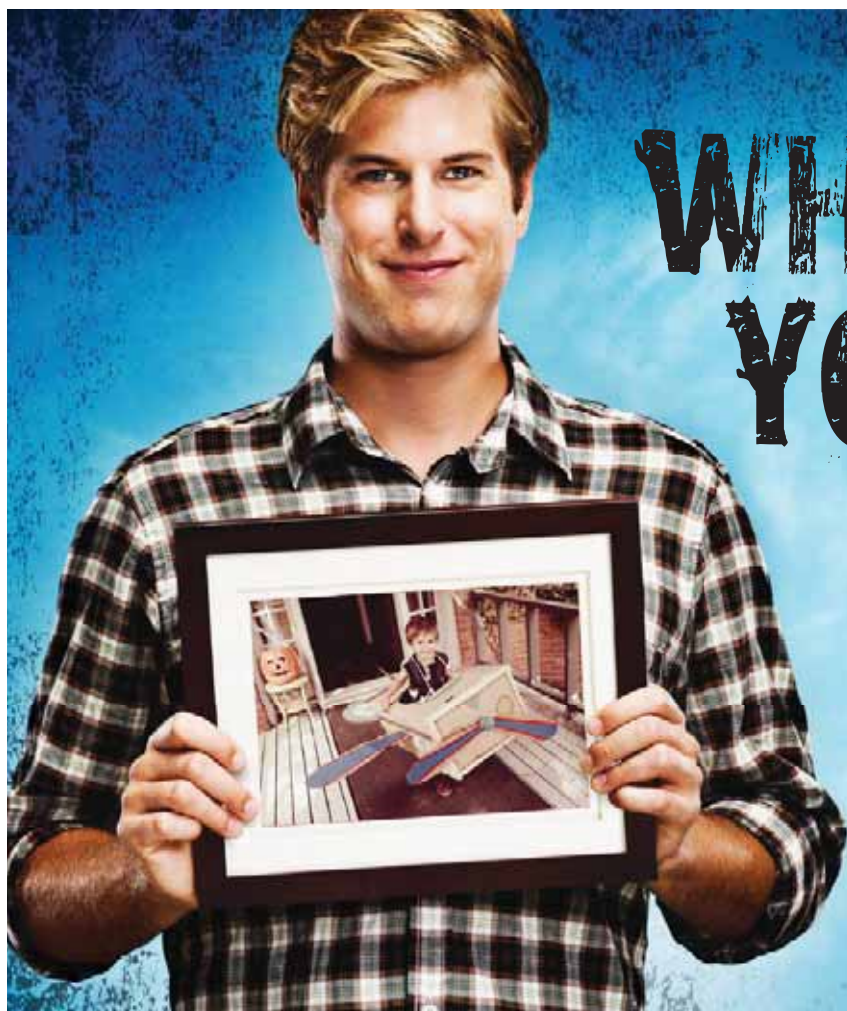


ISTOCKPHOTO/THINKSTOCK

number of the courses, "the third hour they spend in the computer lab, it is very practical."

Wassim Heemataly graduated from Humber's e-Business Marketing degree program in 2011 and completed a paid co-op at MDG Computers. He now works at TD Auto Financial Services as a bilingual resolutions associate. He was hired by TD one business day after his interview.

"I was thrilled to get my first job after completing my degree, especially after the very first interview. Nevertheless, within a week's time, I was hired as a bilingual customer service representative. My degree helped me in various ways, most importantly, it helped me hone tremendous skills to be successful in any workplace."



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TRENT UNIVERSITY LAUNCHES FULL BBA PROGRAM AT ITS OSHAWA THORNTON ROAD CAMPUS

For more than 30 years, Trent University has had a presence in Durham region and has recently launched a full Bachelor of Business Administration program at its Oshawa Thornton Road campus.

Asaf Zohar, chair of Trent's Business Administration program, explains, "We've launched, for the first time, a full BBA program. A student enrolling in first year can complete a four-year honours bachelor's of business administration degree in Oshawa and we feel that we have a very, very unique program."

So if you live in the GTA or surrounding regions, you can enjoy the benefits of a Trent education at a single convenient location on the new Thornton Road campus.

In addition, your full- or part-time Oshawa tuition includes Level II membership to all city of Oshawa recreation facilities, including the newly renovated Civic Recreation Complex, the Legend Centre and the South Oshawa Community Centre. And Trent students

can participate in research under the supervision of faculty members from multiple disciplines and enjoy the benefits of limited class sizes and extensive faculty interaction.

Zohar explains Trent's unique approach. "It's a program that educates young minds around business and not-for-profit leadership as well, grounded firmly in the liberal arts tradition of developing skills in critical thinking and developing creative problem-solving skills and, overall, trying to approach the issue of business administration from a very, very holistic way, in a way that we feel respects the inherent complexity of the current business environment."

Trent's Business Administration program is also big on ethical leadership, says Zohar. "The strongest characteristic is the championing of issues of corporate social responsibility leadership for a sustainable future and, in particular, focusing on creating a context where young minds can develop a strong sense of ethical responsibility and ethical leadership in these turbulent times. We think that's very, very critical."



TRENT UNIVERSITY PHOTO

DEGREE PROGRAMS

In addition to the new Oshawa BBA program, Trent is offering five exciting new degree programs for 2012. They include: Archaeology — BA or BSc; Bachelor of Arts and Science — BAS; Journalism — BA or BSc; Media Studies — BA; Sustainable Agriculture and Food Systems — BA or BSc.

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WEALTH OF KNOWLEDGE



CENTENNIAL COLLEGE PHOTO

CENTENNIAL ADDS DAVID SLOAN AS EXECUTIVE-IN-RESIDENCE

David Sloan, senior vice-president and ombudsman of TD Bank Financial Group, has been selected as the first Executive-in-Residence of the School of Business at Centennial College. Sloan has come to know Centennial as a member of the college's board of governors and brings a wealth of practical knowledge from his many years of business experience.

Sloan will have a busy academic schedule ahead of him. His new volunteer position began Nov. 17 and he will be contributing in class as a lecturer, interacting with college business students and faculty.

"I will be doing some class work. I spent a couple days visiting classrooms and it is quite clear to me that students do want a perspective from outside the

college, and the biggest thing on their minds, as you can imagine, is how do we get jobs and how do we succeed in those jobs," Sloan says.

Sloan will impart his knowledge to business students through case studies to be used in class. "I think I could bring a perspective there. In my 30-plus years at TD, I've seen young people come into the organization. Some of

MARKETING WIN FOR CENTENNIAL

Centennial College's School of Business students enjoyed a commanding presence at the 2011 Ontario Colleges Marketing Competition, hosted by Humber College last week. The 26-member Centennial team scored highly in many of the most challenging marketing skills contests, including research, presentations, account management and international marketing.

them succeed spectacularly and some of them fail utterly and there's all sorts of reasons for that."

In addition, he will participate in international outreach opportunities on behalf of the college.

"Canada has a very good brand in the world these days and I think Centennial College has a very good reputation. And I think that some of these developing countries are interested in having their young people do business studies in Canada," Sloan says.

Sloan has held directorship positions with the Young People's Theatre and the National Ballet School of Canada. He has a masters of philosophy in economics from the University of St. Andrews and a bachelor of arts with honours from McGill University.

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SHERIDAN COLLEGE PHOTO

BUILD YOUR SKILLS AT SHERIDAN

Sheridan is fielding an increase of requests for many skilled trade graduates and has launched a new apprenticeship program for January 2012 to train highly-skilled toolmakers in order to meet the demand from a rebounding local manufacturing sector.

The Mechanical Technician Tool Making Co-Op Diploma Apprenticeship Program is a new approach for Sheridan, combining apprenticeship training, a technical diploma and co-op work experience.

CLASSROOM TECHNOLOGY

During the classroom component of the Mechanical Technician Tool Making program, you will work with Computer Numerical Control (CNC) equipment and other leading-edge tool making technology, becoming skilled in: Precision machining; computer-aided manufacturing (CAM); computer-aided drafting and design (CADD); CNC programming; workplace safety; and all trade and diploma supporting soft skills.

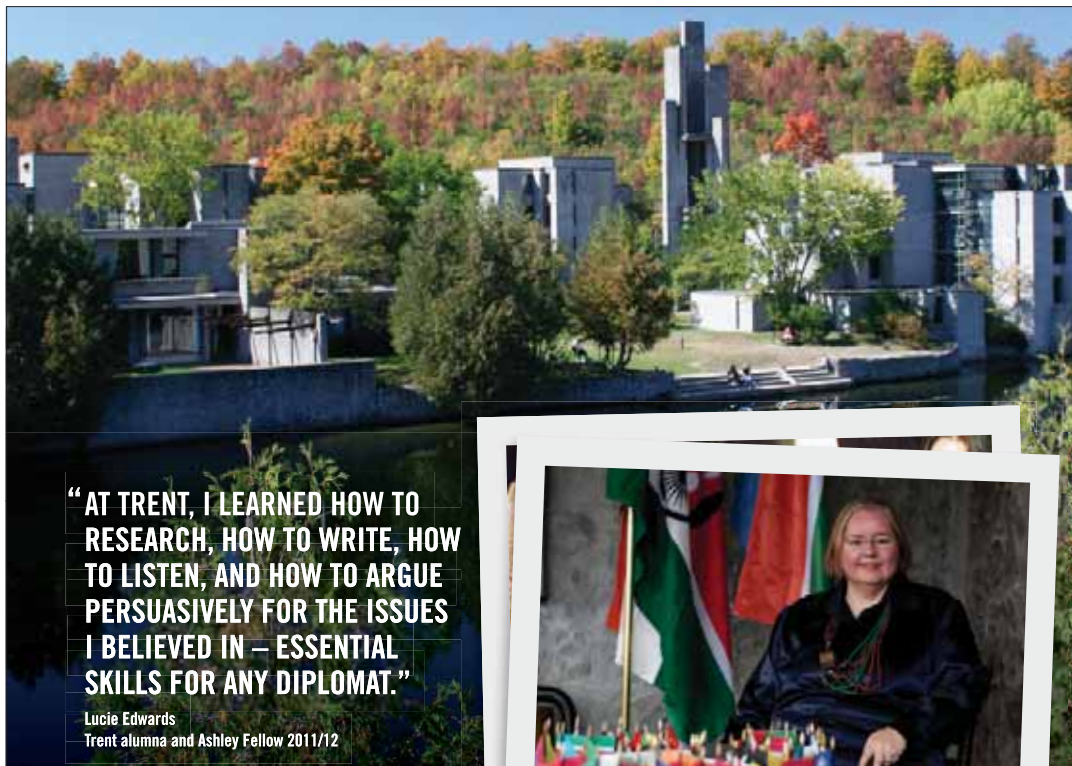
Alan Reid, associate dean of Apprenticeship and Skilled Trades at Sheridan College, says "It's been there for a few years in different trade areas, but it's a new approach to us where we're combining the in-school apprenticeship training with the mechanical technician diploma. It's quite an attractive program and it gives them a really healthy start."

It will allow students to complete the required in-school curriculum for an apprenticeship program and gain valuable work experience, while also earning a two-year technician college diploma. Students are trained in Sheridan's dedicated skills training facilities, which feature the most current and sophisticated equipment that graduates will use in the workplace.

Unlike other apprentice programs where students must return to school after starting work, Sheridan's new program will let graduates enter the job market with their schooling complete, as well as a full year of work experience.

"So they've completed the in-school requirement for the apprenticeship training and they've earned a college diploma," Reid says. "It's a packed course for post-secondary education. It's really taking a lot into a short period of time really, so it makes the graduate very, very marketable."

Graduates from this new program will be attractive to local employers, particularly for small manufacturers, who, in the past, frequently had to release newly-hired employees to return to school.



"AT TRENT, I LEARNED HOW TO RESEARCH, HOW TO WRITE, HOW TO LISTEN, AND HOW TO ARGUE PERSUASIVELY FOR THE ISSUES I BELIEVED IN – ESSENTIAL SKILLS FOR ANY DIPLOMAT."

Lucie Edwards
Trent alumna and Ashley Fellow 2011/12

Lucie Edwards earned her Honours B.A. in History and Economics at Trent University. She went on to become High Commissioner to Kenya, South Africa and India. Today, she can be found working at the crossroads of science, the environment, and international development. Among the most research-intensive universities of its size in Canada, Trent is renowned for creating opportunities for students to flourish and develop as individuals and as global citizens. This made all the difference to Ms. Edwards who says, "Trent helped me develop the tools in public policy to deal with the big 21st century problems, like climate change and development."

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Doing good in a digital age



nteers exist in the online community But organizations slow to take notice

An international report on volunteerism says that while involvement by young people in formal organizations is declining, there appears to be a shift to less structured forms of engagement.

The Internet and a rapidly growing range of technology have paved the way.

Volunteers can use technology to track food insecurity, monitor violent conflict and provide early warning of impending disasters, said the United Nations State of the World's Volunteerism report. Volunteer health workers in developing countries even send text messages to report symptoms of illness and disease.

"Online volunteering, online activism through social media, and micro-volunteering are fast growing trends," the report said.

The first-of-its-kind report by the UN was launched Monday in cities around the world.

Ruth MacKenzie, president and CEO of Volunteer Canada, said her organization has seen a real interest in virtual volunteering opportunities.

"But the other side of the coin we've seen is that few organizations are really looking to engage volunteers that way," she said in an interview from Ottawa.

At the website get-



► For those who are less eager to volunteer in the real world may be inclined to search for virtual ways to help others.

involved.ca, she said about 80 per cent of individuals posting interest in volunteering are looking for virtual opportunities versus about 20 per cent of organizations looking for volunteers in a virtual setting.

"So it's a real growth area."

Organizations that are among those leading the way include the Canadian International Learning Foundation, TakingIT-Global and Apathy is Boring, which uses music and technology to engage young people in the democratic process, MacKenzie said.

But there are a few concerns about the online

trend cited in the international report, including that "the digital divide may further exclude people with limited access to technology and that benefits are not as accessible in low-income countries."

Some observers also worry that mobile technology has made volun-

teerism more impersonal by discouraging face-to-face interaction.

"It's something to be watchful about," MacKenzie said.

"These are things that we're seeing anecdotally and we probably need to have an environment where there's a bit more evidence-based research in Canada to help answer some of these questions, and examine them into the future."

"Stepping away from that face-to-face engagement creates an environment where volunteerism engagement is more individualized and we want to make sure we're engaging people in causes in a way

"Online volunteering may allow people to overcome social inhibitions and social anxiety, particularly if they would normally experience disability-related labelling or stereotyping."

UNITED NATIONS STATE OF THE WORLD'S VOLUNTEERISM REPORT

that works for them as individuals but also meets the needs of organizations, that those two needs are on an equal footing."

Young people are finding that some of the traditional structures and forms of engagement of

organizations don't resonate with them any more, she noted.

But the UN report said organizations such as Sparked.com offer online volunteering opportunities which last from 10 minutes to an hour. Distance and restrictions on mobility are no longer impediments.

"Online volunteering may allow people to overcome social inhibitions, and social anxiety, particularly if they would normally experience disability-related labelling or stereotyping," the report stated. "This empowers people who might not otherwise volunteer. It can build self-confidence and self-esteem while enhancing skills and extending networks and social ties."

Technology is just one facet of the weighty report, which also points to a rise in volunteering tourism and increased involvement by the private sector - a sense of corporate social responsibility - in contributing to human development. It notes that volunteerism is an effective way to implement community-led strategies, which could help UN member states meet Millennium Development Goals by 2015.

Reimbursement of expenses and some payments may be justified for volunteers, it said.

THE CANADIAN PRESS

A country cares

► The report urged each country to assign a single public body to be responsible for measuring volunteering instead of relying on sector by sector counting.

► MacKenzie said a fuller picture of volunteerism in Canada will be available within a few weeks when a new survey on giving, volunteering and participating is released.

80%

Approximate percentage of individuals posting interest in volunteering who are looking for virtual opportunities to do so, according to gettinginvolved.ca.



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BOTCH RESIGNATION, PAY A PRICE

► Context plays key role in case of employee dismissal gone wrong

WORKPLACE LAW

DANIEL LUBLIN
DAN@TORONTO-
EMPLOYMENTLAWYER.COM
TWITTER: @DANLUBLIN



When Rashid Balogun announced that he was "out of here" and then swiftly

left the Prince George offices of Deloitte & Touche after a confrontational meeting with two of his bosses, they figured that he had just resigned. But in a legal twist that can only happen in workplace law, the court decided otherwise.

Soon after his hiring, Balogun believed he deserved a significant raise. However, according to his manager, his performance did not yet warrant more money.

The issue soon blossomed into a conflict. Before a performance review, Balogun was told that there were concerns with his performance and that he would not receive a raise. This did not sit well with Balogun. According to the judge, he became so fixated on his salary that he paid little attention to concerns that

were raised about his performance.

During the performance review, Balogun was asked about his future at Deloitte. He swiftly replied that he was "out of here" before leaving the meeting and the workplace. Believing that Balogun had just resigned, Deloitte sent him a formal letter, indicating that he had "quit."

After a recent trial, a judge found that Balogun had not yet resigned when he left the office. Although Balogun's statement and actions could be consistent with a resignation, Deloitte failed to consider the context. When he left work, it was at the end of the workday, and Balogun was in a hurry to leave for the airport because he was beginning a vacation. In these circumstances, it was not clear whether Balogun was quitting, so by

sending him a letter accusing him of resigning, Deloitte effectively fired him. Instead, Deloitte should have asked Balogun to confirm his alleged resignation in writing to eliminate any uncertainty. However, in my view, it was hoping he would never return. Agreeing with me, the court awarded him damages for wrongful dismissal.

Although Balogun won his case, by following these simple steps, the confusion could have been avoided: immediately protest a characterization that there has been a resignation, if you didn't intend to resign and resist taking any steps that can be construed as voluntarily withdrawing from the workplace, until you can seek legal advice. **DANIEL LUBLIN IS AN EMPLOYMENT LAWYER WITH WHITTEN & LUBLIN LLP.**

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Start with the man in the mirror

► Use some of your upcoming free time to rate your own work performance this year ► What needs to be changed?

ALEXANDER LEVIT
LIFE@METRONEWS.CA
METRO WORLD NEWS IN NEW YORK

The holiday season is a slow period around many offices, and you should use the downtime to your advantage by putting some serious thought into where your career has landed this year, as well as where you want to go in the future.

Your first step is to take a fresh look at previous goals.

These can be performance goals you set with your manager or goals you set on your own at the end of last year. Note if you were able to achieve these goals or if ongoing work is required. Assess whether all of the

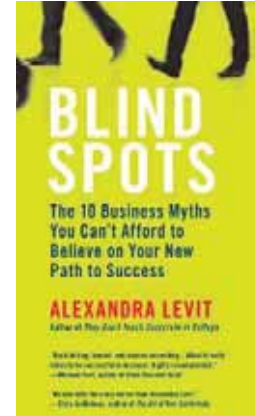


goals are still valid or if any should be changed in anticipation of the new year.

A related activity is to

document contributions made to your organization. Quantify, as specifically as possible, how your actions impacted the

company's bottom line, and why the company is better off because you work there. Also, brainstorm transferable skills



— or skills that cut across a wide variety of roles and industries (project management, client relations, sales, marketing, finance) — that you mastered or honed this year. Update your resumé and online

profiles with this new information.

Then, think about the next phase of your career. What would you like to learn in 2012, and what type of work would you like to focus on? Where would you like your career to be in five years, and how can you get there most efficiently? As you consider these issues, tap your manager or a trusted mentor for feedback.

Finally, congratulate yourself on a job well done. This was not the easiest year for workers, and you are still standing!

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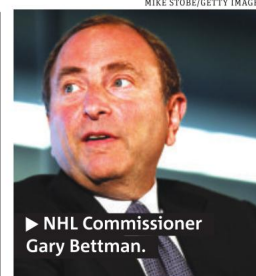
Toronto at New Jersey
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Toronto heads to New Jersey for their second game in as many nights. The Devils have allowed 17 goals during a four-game losing streak. Johan Hedberg started Saturday's 4-2 loss to Winnipeg and has been a better option in net with Martin Brodeur becoming less reliable. New Jersey forward Adam Henrique has 17 points in 22 games, putting him in a tie for fourth in rookie scoring. **THE CANADIAN PRESS**



► Toronto's Phil Kessel tries to jam the puck past Rangers goalie Henrik Lundqvist at Madison Square Garden last night.



► NHL Commissioner Gary Bettman.

NHL OKs dramatic conference realignment

NHL officials have approved a radical realignment plan that will give the league four conferences instead of six divisions.

The Board of Governors approved the move yesterday during the first day of their meeting in Pebble Beach, Calif. The realignment won't be implemented until NHL Commissioner Gary Bettman discusses the new plan with the NHL Players' Association.

The league needed to make changes to accommodate Atlanta's move to Winnipeg this past summer. They could have switched one team from the Western Conference with the Jets but opted for a more dramatic plan.

There will be two conferences with eight teams and two with seven teams instead of the current format of six five-team divisions. Teams will play five or six intra-conference games and home-and-home series with non-conference teams.

THE ASSOCIATED PRESS

Leafs look alive in N.Y.C.

► Toronto holds on for win in Manhattan after pair of losses to Bruins

Phil Kessel had two assists to add to his NHL-leading point total, and the Toronto Maple Leafs snapped the New York Rangers' five-game winning streak with a 4-2 victory last night.

The Leafs scored twice in less than two minutes to take a 3-0 lead early in the second period, then gave both goals back in another quick burst later in the period.

Jonas Gustavsson made 12 saves in the third to preserve the one-goal margin, repeatedly turning New York away on a power play in the final minute before David Steckel scored an empty-net goal.

The Rangers had won seven straight at home.

4	2
LEAFS	RANGERS

Their only two regulation losses at Madison Square Garden this season are to Toronto, which also won 4-2 in New York's home opener on Oct. 27.

Cody Franson, Tim Connolly and Joffrey Lupul scored for the Leafs, who

Burke bites back

Tensions are on the rise between the Maple Leafs and reporters who cover the team.

► GM Brian Burke came out in defence of coach Ron Wilson on his Twitter account late Sunday night after Wilson endured criticism

for starting James Reimer for Saturday's 4-1 loss in Boston.

► "I love the quote about the liars in sports," wrote Burke. "Many gainfully employed in the media."

► Wilson was accused of lying after indicating that Jonas Gustavsson would start against the Bruins following Friday's practice.

had been on a run of facing hot teams. Their last two games, both losses, were against the Boston Bruins, who have won 14 of 15.

The Leafs quickly made it 3-0. After a faceoff in the Rangers' end, Michael Sauer couldn't clear the

puck, and Connolly flicked it past Henrik Lundqvist just over five minutes into the second period.

Lupul camped out in front of the goal to score on a power play 97 seconds later, with assists from Tyler Bozak and Kessel. **THE ASSOCIATED PRESS**

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Jostling to face the juggernauts

► Handful of squads in AFC and NFC undeniably legit ► Most of others seem destined to become playoff fodder

As the regular season begins to wind down, the NFL has its share of thoroughbreds. And its share of pretenders.

With three weeks remaining, the Packers, 49ers and Saints have separated themselves in the NFC, and perhaps in the entire league. Green Bay and San Francisco already have secured division titles, and New Orleans is almost there.

The elite of the AFC, while not quite so accomplished, are the Ravens, Steelers, Patriots and Texans.

In the middle is a muddle: all kinds of teams with all kinds of strengths — and weaknesses.

Nine teams sit at 7-5, and one (Giants) at 6-6. All are in the mix to either win their division or grab

The pretenders

These teams may look respectable based on their spots in the standings, but they have little chance to do damage once the playoff pressure ratchets up.



Cowboys

Dallas can be dangerous in the NFC East, and also can be a flop.



Bengals

Cincinnati can't beat any of the good teams left on its schedule.



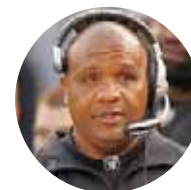
Bears

Chicago is down to a backup quarterback, and Matt Forte is hurt.



Broncos

It's difficult to see the Broncos riding deep into the playoffs.



Raiders

Oakland has huge issues on defence and with penalties.

a wild-card spot.

Most, if not all of them, are not legitimate championship contenders, no matter how bravely they might talk.

Such as what Giants defensive end Justin Tuck said after a 38-35 loss to Green Bay that was New

York's fourth straight.

"Hopefully something wakes us back up and lets us understand that we still have a great shot of getting to where we want to get if we come out with that intensity and come out with that passion and play like that every game,

we aren't going to lose a lot of games," Tuck said.

Other teams really have a shot at making the post-season and doing some damage there.

The Packers seem headed for an undefeated regular season — if they decide to chase it.

Aaron Rodgers is in the midst of one of the greatest years for any NFL player, quarterback or otherwise. The offence is so dynamic the Packers can outscore the mistakes of their gambling defence, which makes a bunch of them.

Two years ago, it was New Orleans leading the charmed life. Drew Brees has an even deeper, more dangerous receiving corps and backfield than in 2009, and while the Saints also have issues on defence, they too can outscore them.

Having clinched their first playoff berth since 2002, the 49ers have the kind of rugged, versatile defence that gives any team a chance.

"It's not a Hollywood team," coach Jim Harbaugh said. "It's a blue-collar team."

Four AFC teams are 9-3 and, barring collapses, are headed to the post-season. New England, Baltimore and Pittsburgh are the perennials, Houston the newcomer.

THE ASSOCIATED PRESS

Marlins suddenly big fish in free agency

Jeffrey Loria watched the news conference from the second row, beaming like a proud parent as Heath Bell talked about his new love for the Miami Marlins and reuniting with Jose Reyes.

Trying to make a quick getaway, the owner was surrounded by reporters in the corridor who wanted to know who else would be migrating to South Florida: Albert Pujols, C.J. Wilson, Mark Buehrle?

Instead of trading away their stars, the Marlins have become the biggest player in the off-season market, the riches from their new ballpark a free-agent attraction.

"I want our team to be important," Loria said yesterday as the winter meetings opened. "It's an energy city, and I think that's one of the things that brings the players there. They see the energy."

Bell's \$27-million US, three-year contract was finalized, giving the re-named Marlins an all-star closer. Reyes' \$106-million,



"I always use the word hopeful. I think it's presumptive to say that I'm optimistic we obviously have continuing discussions and have a good dialogue going."

CARDINALS CHAIRMAN BILL DEWITT JR. ON RE-SIGNING ALBERT PUJOLS

six-year deal is a physical away from conclusion.

Pujols, who already has toured the new ballpark, would join Hanley Ramirez, Mike Stanton and Logan Morrison in the batting order — if the three-time NL MVP is willing to leave the St. Louis Cardinals.

"One big hitter?" Loria said out loud, his 2003 World Series ring flashing from his hand. "Well, I

don't know about that, but there's a possibility of another player or two we're looking at."

On the mound, Wilson or Buehrle could be added to a rotation with Josh Johnson (if healthy), Ricky Nolasco, Anibal Sanchez and Chris Volstad. While the Marlins are being aggressive, traditional spenders such as the New York Yankees and Boston Red Sox are moving cautiously.

"It's hey, take my older, expensive, over-the-hill guy for your young, better-performing guy," Yankees GM Brian Cashman said. "Let me think about that and get back to you, buddy."

Not that he's acting any differently with opening day four months away.

"I'm sure my ideas are as distasteful as the ones that I've received," he said.

Pujols and Prince Fielder are the big bats on the market, and it remains unclear whether Pujols is willing to leave the World Series champions.

THE ASSOCIATED PRESS

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d-Florida	27	15	8	1	3	78	69	34	6-2-1-3	9-6-0-0	6-3-1-0	W2
NY Rangers	24	15	6	1	2	71	55	33	7-2-0-1	8-4-1-1	7-3-0-0	L1
Philadelphia	25	15	7	2	1	90	73	33	6-4-1-1	9-3-1-0	7-3-0-0	W2
Toronto	27	15	10	1	1	87	87	32	6-4-1-1	9-6-0-0	5-4-0-1	W1
Buffalo	26	14	11	0	1	72	69	29	6-8-0-1	8-3-0-0	4-5-0-1	W1
Ottawa	27	13	11	2	1	83	91	29	7-4-0-1	6-7-2-0	6-2-2-0	W1
Washington	26	13	12	0	1	79	84	27	9-4-0-1	4-8-0-0	3-7-0-0	L1
Montreal	27	11	11	2	3	67	69	27	4-5-2-2	7-6-0-1	3-4-2-1	W1
Winnipeg	26	11	11	3	1	75	82	26	7-4-0-0	4-7-3-1	6-3-1-0	W2
New Jersey	25	12	12	0	1	62	72	25	5-4-0-1	7-8-0-0	4-6-0-0	L4
Tampa Bay	26	11	13	0	2	69	84	24	7-4-0-0	4-9-0-2	3-7-0-0	L4
NY Islanders	24	8	11	3	2	52	78	21	5-6-2-0	3-5-1-2	4-4-1-1	W1
Carolina	28	8	16	2	2	66	94	20	5-9-0-2	3-7-2-0	2-8-0-0	L6

WESTERN CONFERENCE

	GP	W	L	OTL	SL	GF	GA	Pts	Home	Away	Last 10	Strk
d-Minnesota	27	17	7	2	1	69	60	37	10-4-1-0	7-3-1-1	9-1-0-0	W4
d-Chicago	27	16	8	1	2	90	84	35	8-2-0-2	8-6-1-0	6-4-0-0	W2
d-Dallas	26	15	10	0	1	69	72	31	9-4-0-1	6-6-0-0	4-5-0-1	L1
Detroit	25	16	8	1	0	75	56	33	10-2-1-0	8-6-0-0	7-3-0-0	L1
Vancouver	26	15	10	0	1	83	67	31	7-4-0-1	6-6-0-0	7-3-0-0	W1
St. Louis	26	14	9	0	3	63	58	31	8-3-0-1	6-6-0-2	6-2-0-2	L2
Los Angeles	26	13	9	2	2	60	84	24	8-7-0-1	5-2-2-1	6-3-1-0	L1
San Jose	23	14	8	1	0	67	56	29	7-5-1-0	7-3-0-0	6-4-0-0	L1
Phoenix	25	13	9	1	2	67	62	29	7-5-1-1	6-4-0-1	5-5-0-0	L2
Edmonton	27	13	11	0	3	76	71	29	7-4-0-2	6-7-0-1	4-5-0-1	L1
Nashville	26	12	10	3	1	68	71	28	4-4-2-1	8-6-1-0	4-5-1-0	L1
Colorado	27	13	13	1	0	75	78	27	7-9-0-0	6-4-1-0	5-5-0-0	W3
Calgary	26	11	13	1	1	60	72	24	5-5-1-1	6-8-0-0	4-5-0-1	L1
Anaheim	26	7	14	2	3	60	87	19	5-9-1-0	2-5-1-3	1-7-1-1	L2
Columbus	26	7	16	0	3	62	88	17	5-7-0-1	2-9-0-2	4-6-0-0	L1

Penalties — Gonchar Ott (hooking) 1:25, Bergeron TB (tripping) 14:05.

Third Period

3. Tampa Bay, St. Louis 8 (Stamkos) 3:35

4. Ottawa, Alfredsson 6 (Spezza, Anderson) 8:58

5. Ottawa, Foligno 8 (Alfredsson, Winchester) 15:33

6. Ottawa, Smith 8 (Gonchar, Phillips) 16:19

Penalty — Smith Ott (high-sticking) 6:10.

Shots on goal by

Tampa Bay 9 12 12 — 33

Ottawa 14 5 12 — 31

Goal — Tampa: Roloson (L,6-8-1); Ottawa: Anderson (W,12-8-2). **Power plays (goals-chances)** Tampa: 0-3; Ottawa: 0-3.

Referees — Mike Leggo, Brad Watson. **Linesmen** — Michel Cormier, Andy McElman.

Attendance — 18,742 (19,153) at Ottawa.

LATE SUNDAY

CANUCKS 5, FLAMES 1

First Period

1. Calgary, Tanguay 5 (Horak, Bourque) 18:34

Penalties — Glenross Cal (delay of game) 9:20, Comeau Cal (roughing) 10:03.

Second Period

2. Vancouver, Bieksa 2 (Higgins, Booth) 5:13 (pp)

3. Vancouver, Higgins 8 (Booth, Hamhuis) 19:01

Penalties — H.Sedin Vcr (hooking) 1:01, Iginla Cal (goaltender interference) 3:29, Smith Cal (holding) 10:33, Higgins Vcr (interference) 15:35.

Third Period

4. Vancouver, Booth 5 (Kesler, Higgins) 0:40

5. Vancouver, Hansen 7 (Raymond, Ballard) 1:54

6. Vancouver, D.Sedin 9 (Kesler, H.Sedin) 5:42 (pp)

Penalties — Bourque Cal (cross-checking) 5:16, Booth Vcr (goaltender interference) 7:57, Kostopoulos Cal (roughing), Stajan Cal (fighting, misconduct), Rome Vcr (cross-checking, roughing), Lapierre Vcr (fighting, misconduct) 11:00, Backlund Cal (hooking) 17:31.

Shots

Calgary 13 4 5 — 22

Vancouver 10 15 11 — 36

Goal (shots-saves) — Calgary: Karlsson (L,0-4-1) (32-27), Kiprusoff (6:39 third, 4-4); Vancouver: Luongo (W,8-6-1).

Power plays (goals-chances) — Calgary: 0-4 Vancouver: 2-6.

Referees — Dan O'Rourke, Brian Pochmara.

Linesmen — David Brisebois, Tony Sericolo.

Att. — 18,860 (18,860) at Vancouver.

SCORING LEADERS

	G	A	PT
Kessel, Tor	16	16	32
Giroux, Pha	15	17	32
Lupul, Tor	12	18	30
D.Sedin, Vcr	9	21	30
Toews, Chi	15	14	29
Nugent-Hopkins, Edm	12	17	29
Versteeg, Fla	12	16	28
Eberle, Edm	10	18	28
P.Kane, Chi	7	21	28
Stamkos, TB	16	11	27
Fleischmann, Fla	12	15	27
Vanek, Buf	12	15	27
Backstrom, Wash	9	18	27
Pominville, Buf	9	18	27
H.Sedin, Vcr	8	19	27
Sharp, Chi	13	13	26
Smyth, Edm	12	14	26
Ma.Hossa, Chi	11	15	26
Weiss, Fla	9	17	26
Neal, Pgh	14	11	25

Not including last night's games

SOCCER

ENGLAND

PREMIER LEAGUE

Team	GP	W	D	L	GF	GA	Pts
Manchester City	14	12	2	0	48	13	38
Manchester United	14	10	3	1	31	13	33
Tottenham	13	10	1	2	29	16	31
Chelsea	14	9	1	4	31	17	28
Arsenal	14	8	2	4	30	23	26
Newcastle	14	7	5	2	19	15	26
Liverpool	14	6	5	3	17	13	23
Stoke	14	5	3	6	14	23	18
Aston Villa	14	3	7	4	16	18	16
Everton	13	5	1	7	15	17	16
Norwich	14	4	4	6	20	26	16
QPR	14	4	4	6	15	25	16
Fulham	14	3	6	5	16	16	15
West Brom	14	3	7	13	21	15	14
Swansea	14	3	5	6	14	20	14
Wolverhampton	14	2	5	15	24	14	14
Sunderland	14	2	8	7	16	17	11
Blackburn	14	2	4	8	21	32	10
Bolton	14	3	0	11	19	34	9
Wigan	14	2	3	9	12	28	9

Yesterday's result

Fulham 1 Liverpool 0

TOMORROW'S RESULT

LA LIGA

Team	GP	W	D	L	GF	GA	Pts
Real Madrid	14	12	1	1	49	10	37
Barcelona	15	10	4	1	47	7	34
Valencia	14	9	3	2	23	14	30
Levante	14	8	2	4	23	17	26
Sevilla	14	6	6	2	16	10	24
Malaga	14	7	2	5	19	19	23
Osasuna	14	5	6	3	18	26	21
Atletico Madrid	14	5	4	5	21	21	19
Athletic Bilbao	14	4	6	4	20	17	18
Espanyol	14	5	2	7	11	17	17
Rayo Vallecano	15	4	4	7	16	22	15
Granada	13	4	3	6	6	12	15
Real Sociedad	14	4	3	7	15	22	15
Mallorca	13	3	5	5	11	18	14
Villarreal	14	3	5	6	11	20	14
Getafe	14	3	4	7	14	22	13
Real Betis	14	4	1	9	13	21	13
Racing Santander	14	2	6	6	10	20	12
Sporting Gijon	14	3	3	8	12	24	12
Zaragoza	14	2	4	8	12	28	10

Yesterday's result

Sevilla 3 Getafe 0

TOMORROW'S RESULT

Mallorca at Granada (completion of abandoned game from round 12)

ITALY

SERIE A

Team	GP	W	D	L	GF	GA	Pts
Juventus	13	8	5	0	24	10	29
AC Milan	13	8	3	2	29	14	27
Udinese	13	8	3	2	16	6	27
Lazio	13	7	4	2	19	9	25
Napoli	13	5	3	5	13	20	20
Palermo	13	6	2	5	16	15	20
Cagliari	13	4	5	4	12	13	17
Roma	13	5	2	6	15	17	17
Catania	13	4	5	4	14	19	17
Florentina	13	4	5	4	13	11	16
Parma	13	5	1	7	15	20	16
Chievo Verona	13	4	4	5	10	16	16
x-Atalanta	13	5	6	2	16	15	15
Genoa	12	4	3	5	14	16	15
Siena	13	3	5	5	14	12	14
Inter Milan	12	4	2	6	14	18	14
Bologna	13	4	2	7	11	18	14
Novara	13	2	4	7	13	24	10
Cesena	13	2	3	8	6	15	9
Lecce	13	2	2	9	11	23	8

X-penalized six points in betting scandal

Yesterday's result

Lazio 3, Novara 0

EUROPEAN CHAMPIONS

LEAGUE

FIRST ROUND

All Times Eastern

Group E

Today's games

Chelsea vs. Valencia, 2:45 p.m.

Genk vs. Bayer Leverkusen, 2:45 p.m.

Group F

Today's games

Olympiakos vs. Arsenal, 2:45 p.m.

Borussia Dortmund vs. Marseille, 2:45 p.m.

Group G

Today's games

Porto vs. Zenit St. Petersburg, 2:45 p.m.

APOEL vs. Shakhtar Donetsk, 2:45 p.m.

Group H

Today's games

Barcelona vs. BATE Borisov, 2:45 p.m.

Viktoria Plzen vs. AC Milan, 2:45 p.m.

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metro

Argos coach reunites with old friends

As assistant coaches and roommates in 2007 with the Montreal Alouettes, Scott Milanovich and Chris Jones would often stay up into the early hours of the morning picking each other's brains about various football schemes.

"Part of the beauty of Chris and me and how we got to be close was that

when we used to live together we used to stay up until 2 a.m. and he would draw up a blitz and ask me how I was going to protect this," Milanovich said. "I'd tell him and then he would come back with, 'Well, what if he did this?'"

The long-time friends are going to get the chance

to do that again this season — although most likely during normal working hours — as they try to steer the Argos to a winning season and a Grey Cup appearance.

Hired last week as Toronto's new head coach, Milanovich was all smiles yesterday as he introduced not one but two of his

close friends with Jones as the Argos' new defensive coordinator and Jonathan Himebauch as the new offensive coordinator.

Not only are the three men buddies, they also share the same football vision of how to turn the Argos into a championship contender.

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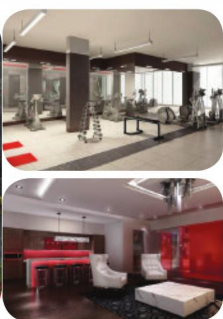
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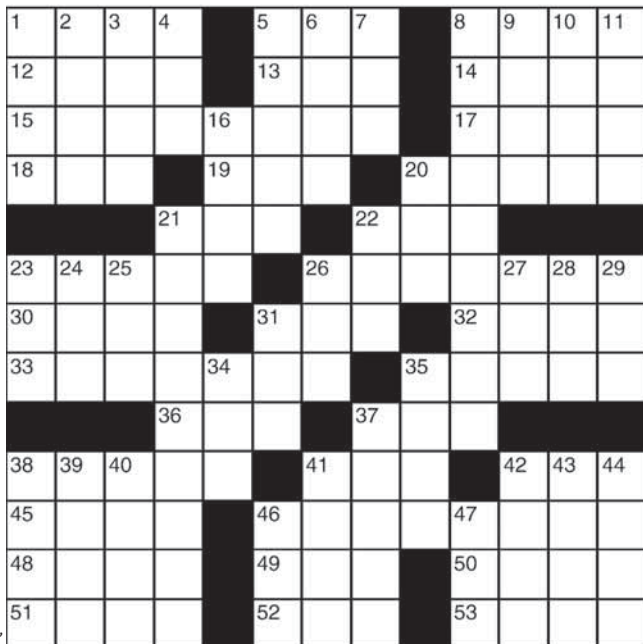
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Crossword

Across

- 1 Weak, as an excuse
5 Thickness
8 Amble
12 Wicked
13 Tall tale
14 Press
15 "The Glass Menagerie" playwright
17 Building block name
18 Old insecticide
19 Conk out
20 Explosion
21 Moist
22 Luau bowlful
23 Lisa Marie's dad
26 Former
30 Work hard
31 Small barrel
32 Stare
33 Pursued obsessively
35 Knee counterpart
36 Salary
37 Dinner for Dobbin
38 "Hammerin' Hank"



- 41 Neither mate
42 That woman
45 Huff and puff
46 Sudden violent wind
48 Facility
49 High card
50 Flame
51 Rip
52 Firmament
53 Rock band's accessories
Down
1 Lascivious
2 Eager, plus
3 Vibrapionist Jack-

- son
4 Right angle
5 Braid
6 Citrus fruit
7 "Certainly"
8 As a volunteer would
9 Vicinity
10 Yule fuel
11 Entanglement
16 Mid-month date
20 Greet the villain
21 Energetic determination
22 Boxer
23 Type squares

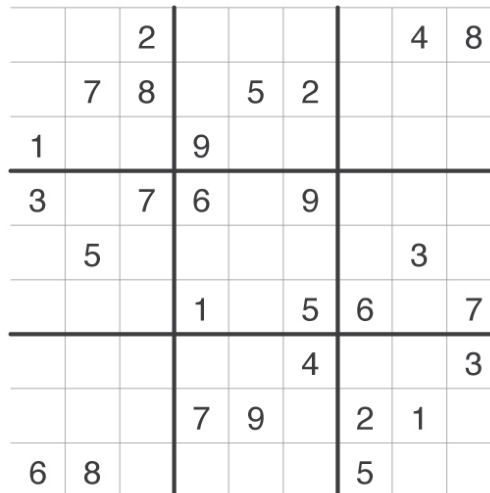
- 24 Parcel of land
25 By way of
26 Proof letters
27 Apply lightly
28 Kind of dye
29 Kitten's remark
31 Crucial
34 Neb. neighbor
35 British noble
37 Like Swiss cheese
38 Help a hood
39 Wings
40 Parks or Bonheur
41 Shaving mishap
42 Take to the pool
43 Angel's in-

- strument
44 Rams' mates
46 Existed
47 "— picture paints a thousand words ..."

► Yesterday's answer



Sudoku



How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Yesterday's answer ►

2	3	1	5	4	9	6	8	7
4	5	7	8	3	6	2	9	1
6	8	9	1	2	7	3	5	4
9	6	4	7	8	2	5	1	3
8	1	3	9	6	5	4	7	2
5	7	2	4	1	3	9	6	8
3	9	8	6	7	4	1	2	5
1	2	6	3	5	8	7	4	9
7	4	5	2	9	1	8	3	6

Send a KISS

You can now post your kiss, and read even more kisses, at metronews.ca/kiss.

Gerard
Round-faced boy from Gerard, we have a perfectly matching eating schedule. Every time I go to eat, there you are. Not that I'm creepy or anything. Anyway, it sure is cool when we make eye contact, isn't it? You're really cute and have nice hair, and you should know you can always sit by me. :)

FROM BABY J

Thoughts of you You wanna be with? Come with? Here with? Me! Me! Me! Like your loyalty equally! Wink!Wink! Sha-wink! Tickle, giggle, wiggle, squiggly! ;)

FROM LINGERING MEMORIES

CKG
You truly are one of the most beautiful people I've met. Not just on the outside, but in your heart! This Tuesday is our last class together, but I know that it is not the end =)

FROM CCB

Today's horoscope

♈ Aries March 21-April 20 Make sure you act logically and have a rational reason for everything you do.
♉ Taurus April 21-May 21 By all means go off by yourself today and let the rest of the world take care of itself.
♊ Gemini May 22-June 21 You will see and understand things today that others have overlooked.
♋ Cancer June 22-July 22 You will see or hear something to your advantage today.
♌ Leo July 23-Aug. 23 You will be in a questioning frame of mind

today.
♍ Virgo Aug. 24-Sept. 22 Don't give up on something just because it is boring or does not seem to be working out the way you had hoped.
♎ Libra Sept. 23-Oct. 23 If you stick your nose in someone else's business today you will regret it.
♏ Scorpio Oct. 24-Nov. 22 Find ways to persuade those you live and work with to shoulder more of the everyday burden.
♐ Sagittarius Nov. 23-Dec. 21 You set such high standards that there are bound to be times when you cannot live up to them.

For today's crossword answers and for expanded horoscopes, go to metronews.ca

♑ Capricorn Dec. 22-Jan. 20 Information that comes your way over the next 24 hours will cause you to doubt what you were previously told by friends or work colleagues.
♒ Aquarius Jan. 21-Feb. 18 You need to get your message across and the best way to do that is to be forceful without being aggressive.
♓ Pisces Feb. 19-March 20. Financially and professionally you'll go far today, but don't go too far and promise things you may not be able to deliver. **SALLY BROMPTON**

Today
2°/-2°
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Wednesday
2°/-3°
Partly cloudy

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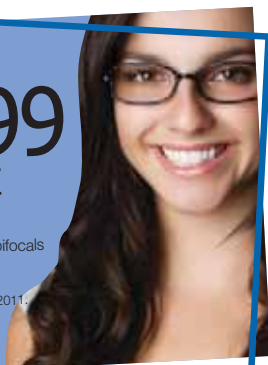
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